

of anæmic and debilitated women to be found in the ranks of sick-nurses after ten years' service will answer the question without further parley. Accepting this fact, and taking into consideration the necessity of issuing a "special form" thus early in the day to persuade nurses to support the fund, surely the Council would do wisely to at once withdraw the scheme as it now stands, and substitute something more practicable.—Yours, &c.,  
A STAFF NURSE.

To the Editor of "The Nursing Record."

SIR,—I am earnestly desirous of taking up nursing as a life-work, and shall be so grateful if you will tell me what steps to take. I should like to become a probationer in a Children's Hospital or Ward, but do not know how to set about it.—I am, &c., HOPE.

To the Editor of "The Nursing Record."

BEATRICE will feel very grateful if anyone will tell her a good remedy for chilblains, before broken and after, as she has suffered very much from them this year, not being able to put a boot on for six weeks. Beatrice likes the *Nursing Record* very much.

[We do not think it advisable to give medical advice or prescriptions, as the practice is open to very grave abuses.—Ed.]

### VACANT APPOINTMENTS, WANTED, &c.

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2.—Manuscript must be written distinctly in ink, and on one side of the paper only, upon not less than 24 or more than 30 pages of ordinary-sized ruled sermo paper. The pages must be numbered and fastened together.

3.—The real and full name and address (stating whether Miss or Mrs.) of the Competitor must be inscribed on the back of each contribution, and notification of which hospital or institution the Competitor has been or is attached to.

4.—Trained nurses or those personally associated with nursing work only allowed to compete.

The decision of the Prize Essay Editor to be final, and any infringement of the above rules will be considered a disqualification.

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Communications relating to the Literary Department, Books, Pamphlets, &c., for Review, &c., must be addressed to the Editor of the NURSING RECORD, St. Dunstan's House, Fetter Lane, London, E.C. The Editor will not undertake to return rejected MSS. unless accompanied with a sufficiently stamped addressed envelope.

Correspondents are requested to write on one side of the paper only, and give their real names and addresses, not necessarily as signatures to their letters, but as a guarantee of good faith. Unless this rule be strictly adhered to, no notice will be taken of such communications.

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