To the Editor of "The Nursing Record."

Sir,-Will "Sister Despair" forgive me if I say that I heartily rejoice to find that the county hospitals at least are alive to the importance of good housekeeping? I trust it will not be long before housekeeping is the first qualification for a Matron, Nursing the second. Young women nursing ten hours a day (exclusive of meals), for seven days a week, ought to be amply, and even daintily fed; yet, if common report may be taken, the food provided is so ill-cooked and roughly served, that the Nurses are largely dependent on outside supplies! I could give special and well-authenticated instances from our largest London hospitals; but, alas! the Nurses feel as if it would not be honourable to betray the secrets of their profession. Surely, the more reason why the authorities should look into it. -Yours truly,

A Mother.

To the Editor of "The Nursing Record."

Sir, -I should esteem it a great favour if you will kindly inform me through the medium of your paper how I could become a member of the British Nurses' Association, and what the fees would be.-Faithfully yours, E. PROWETT SMITH,

38, Brunswick-road, Brighton.
[Apply to the Hon. Secretaries of the Association, 20, Upper Wimpole-street, London, W., enclosing stamped and addressed large envelope. - ED.]

Miss Mary Gillibrand.—See above answer. PROBATIONER.—You had better write to the Hon. Secretaries of the Association as above.

DR. BLAIR .-- 1. See above answer. 2. We believe over 800 members. 3. Quite so; merely pique and ill-concealed jealousy.

# VACANT APPOINTMENTS, WANTED, &c.

## MATRONS.

FOR the Middlesborough Fever Hospital; salary £60.—Apply to George Bainbridge, Town Clerk, Middlesborough.

## NURSES.

HEAD NURSE for NATIONAL SANATORIUM, Bournemouth.—Apply to Alfred Hepburn, Secretary, 35, Adamson-road, South Hampstead, N.W.

THREE.—Apply to Lady Superintendent, Kent and Canterbury Nurses' Institute, 8, St. Margaret's street, Canterbury.

A PPLY to R. G. Ke-tin, Secretary, ROYAL HOSPITAL FOR WOMEN AND CHILDREN, Waterloo Bridge-road, S.E.

NIGHT NURSE; salary L22.-Apply to the Matron, BEDFORD

M EDICAL, Surgical, and Monthly Norses, salary £25 to £ to the Lady Superintendent, Nurses' Home, Sheffield.

NIGHT NURSE, for City Hospital for Infectious Diseases, Newcastle-on-Tyne; salary £25.—Apply to the Medical Officer of Health, Town Hall, Newcastle-on-Tyne.

TWO.- One Medical, one Surgical; salary £25.-Apply to the Matron, East Suffolk Hospital, Ipswich. Vacancies for one or two Probationers.

### PROBATIONERS.

ONE wanted.—Apoly to the Lady Superintendent, Kent and Canter-Bury Nurses' Institute, 8, St. Margaret's-street, Canterbury.

# COMPETITIVE PRIZE ESSAY.

A Book of the value of One Guinea will be awarded for the best Essay on-

"Describe, in full detail, a scheme of Diets for the Nursing Staff of a Hospital."

#### RULES.

1.-Contributions must reach the Editor, at the office of THE NURSING RECORD, not later than July 26th, 1888, addressed as follows, "Prize Essay Competition, THE NURSING RECORD, St. Dunstan's House, Fetter Lane, London, E.C."

2.—Manuscript must be written distinctly in ink, and on one side of the paper only, upon not less than 24 or more than 30 pages of ordinary-sized ruled sermon paper. The pages must be numbered and fastened together.

3.—The real and full name and address (stating whether Miss or Mrs.) of the Competitor must be inscribed on the back of each contribution, and notification of which hospital or institution the Competitor has been or is attached to.

4.—Trained nurses or those personally associated with

nursing work only allowed to compete.

The decision of the Prize Essay Editor to be final, and any infringement of the above rules will be considered a disqualification.

NOTICE.—The Prize Essay Editor will not undertake to return MSS. unless accompanied with a sufficiently stamped addressed envelope. In no case must manuscripts be rolled up when sent by post; they must be folded.

# NOTICES. -

Communications relating to the Literary Department, Books, Pamphlets, &c., for Review, &c., must he addressed to the Editor of the Nursing Record, St. Dunstan's House, Fetter Lane, London, E.C. The Editor will not undertake to return rejected MSS. unless accompanied with a sufficiently stamped addressed envelope.

Correspondents are requested to write on one side of the paper only, and give their re. in names and addresses, not necessarily as signatures to their letters, but as a guarantee of good faith. Unless this rule be strictly adhered to, no notice will be taken of such communications.

Communications from all parts of the country are cordially invited, and liberal arrangements are made for reprints of original articles, and for such illustrations as serve to increase their value or interest. Reports of Nursing Vacancies, Appointments, Meetings of Societies, &c., and Newspapers, &c., containing (marked) accounts of matters of local or personal interest or importance, will be gladly received. Correspondence upon all subjects associated with Nursing specially invited.

The Nursing Record is published every Thursday, and can be obtained at Messrs. W. H. Smith & Son's Railway Bookstalls, and of the principal Newsagents in London and the Provinces.

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