

who, knowing the evil, knows, too, that the root and foundation of it all is sin, and who, with prayer, and strong determination, arrays herself against the canker, will, like the ramifications of a tree, multiply the radius of her influence; for though evil is strong, the good is stronger, because it is growing for eternity, and the evil has its root only in the shallow foundations of time. But, let no Nurse arrogate to herself a position or a superiority not her own; "In quietness and confidence shall be your strength;" and her influence must be unconscious influence, springing, not so much from what she does, as from what she is, and the gravity with which she will check familiar or unseemly jesting, will prove her most effectual armour. Nor let her pride herself upon her own integrity, nor her own promotion, remembering the aphorism quoted by the late Earl of Shaftesbury, "What have I, that I have not received?"

THE "NURSING RECORD" BENEVOLENT FUND.

"BEAR YE ONE ANOTHER'S BURDENS."

OBJECT.—To assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid.

Proposition I.—That subscriptions shall be received to a Benevolent Fund, from which disbursements shall be made to relieve cases urgently needing temporary assistance. A statement of all such receipts and expenditure to be published in the *Record*.

II.—That for such cases of distress as need permanent assistance, the following procedure shall be adopted. Every annual subscriber to this journal shall have the right to send to the Editor the particulars of any such case, with which they may be personally acquainted, and if after full investigation it be found suitable, the name and particulars shall be entered upon a list. The *Nursing Record* will ask its readers to work unitedly for only one case at a time, and when that one, in the manner considered most suitable, is permanently provided for, the list of cases as above obtained, shall be published in the journal. Each copy of that issue shall contain a slip of paper, so that each purchaser of that number will be able to vote for one of the cases on this list by writing her name thereon, and forwarding it by post to the Editor. The following issue of the journal shall contain the number of votes polled for each case, and that one which receives the largest number of proxies, will be adopted as the

next case to be relieved by the Fund; and the readers of this journal will then be advised as to the method which seems most suitable for helping that particular case, and asked to unite in securing its speedy success.

CASE I.

Mrs. Sarah Duyck, aged 47, a widow. Has broken her leg so badly, that she will probably be a cripple for the rest of her life. Dislocated one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

Proposed Method of Assistance.—To obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, etc. will be duly acknowledged.

OUR PRIZE ESSAY COMPETITIONS.

WE have great pleasure in announcing that the winner of the first competition, Miss M. C. Lock, 42, High East Street, Dorchester, whose essay, "What Constitutes an Efficient Nurse," appeared in our issue of May 10th, has had a catalogue forwarded to choose from, and we hope for her selection shortly, the title of which will be duly announced.

The winner of the second competition, Miss ANNIE BLISSETT, Woodlands, Oxton, Cheshire, for her essay, "Describe the relative positions of the Sister, Staff Nurse, and Probationer, and what their hours of duty and work should severally be in a properly organised Ward of thirty beds," published in the *Nursing Record* of June the 21st, has chosen "Hartshorne's Household Manual of Medicine, Surgery, &c."

The winner of the third competition, Miss ALICE DANNATT, the County Hospital, Lincoln, for her essay, "Describe, in full detail, a Scheme of Diets for the Nursing Staff of a Hospital," which appears in the *Nursing Record* of August 9th, has selected "Needlework and Art," by Lady Marian Alford.

A certificate is awarded to each successful competitor. We should be glad to see an increased number of contributors to these very desirable competitions, which have been, so far, very successful.

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