

illustrated most fully the mechanism and nature of the production, radiation, and conduction of animal heat during health and in disease. He then laid down rules, based on physiological grounds, as to exercise, clothing, diet, and ablutions, which could not but be most valuable to those who would carry them out in their entirety. These lectures are calculated to do an immense amount of good in a city like Edinburgh. So far they have all been founded on good common sense, and the highest science has been brought down to the level of the ordinary mind. Medicine and surgery have been avoided, by hygienic and public health topics have been freely discussed.

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MR. A. E. HARRIS, the medical officer of health for Sunderland, has forcibly drawn the attention of the sanitary committee to the dilapidated and insanitary state of some of the poorer dwellings in Sunderland and their connection with typhus fever. "It is," he says, "in such places that typhus fever originates, and he was sorry to say that the disease existed still in Sunderland, although stamped out in other towns." Mr. Harris points out that the necessary powers were conferred by the Artisans and Labourers' Dwellings Act, 1868, and the Amendment Act, 1879. If the owners made default, the urban authority could order the premises to be shut up or demolished, or it might itself do the work and charge the expense to the owner. Mr. Harris allowed that the subject was a large one, and not to be handled in an offhand manner; but he suggested that they should have frequent reports on these unhealthy dwellings from the borough engineer and the Medical Officer, after which they might be visited by the committee, and if necessary put in repair and maintained in a wholesome condition by the sanitary regulation bye-laws of the borough.

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At the quarterly meeting of the Cumberland Infirmary, Carlisle, held on Wednesday, Nov. 28th, it was intimated to the governors that a legacy had been received to the amount of £500 under the will of the late Mr. William Skelton Forrest Hill Westward, who died in 1885, and bequeathed that sum subject to the life interest of his wife, who has lately died.

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THE Sanitary Institute, Parkes Museum, 74a, Margaret Street, Regent Street, W. On Thursday last, at five o'clock, Sir Douglas Galton, K.C.B., D.C.L., LL.D., F.R.S., delivered a lecture on "The Future of the Amalgamated Societies, the Parkes Museum and Sanitary Institute of Great Britain."

## "NURSING RECORD" BENEVOLENT FUND.

"BEAR YE ONE ANOTHER'S BURDENS."

OBJECT.—To assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid.

*Proposition I.*—That subscriptions shall be received to a Benevolent Fund, from which disbursements shall be made to relieve cases urgently needing temporary assistance. A statement of all such receipts and expenditure to be published in the *Record*.

*II.*—That for such cases of distress as need permanent assistance, the following procedure shall be adopted. Every annual subscriber to this journal shall have the right to send to the Editor the particulars of any such case, with which they may be personally acquainted, and if after full investigation it be found suitable, the name and particulars shall be entered upon a list. The *Nursing Record* will ask its readers to work unitedly for only one case at a time, and when that one, in the manner considered most suitable, is permanently provided for, the list of cases as above obtained, shall be published in the journal. Each copy of that issue shall contain a slip of paper, so that each purchaser of that number will be able to vote for one of the cases on this list by writing her name thereon, and forwarding it by post to the Editor. The following issue of the journal shall contain the number of votes polled for each case, and that one which receives the largest number of proxies, will be adopted as the next case to be relieved by the Fund; and the readers of this journal will then be advised as to the method which seems most suitable for helping that particular case, and asked to unite in securing its speedy success.

### CASE I.

Mrs. Sarah Duyck, aged 47, a widow. Has broken her leg so badly, that she will probably be a cripple for the rest of her life. Dislocated one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

*Proposed Method of Assistance.*—To obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, &c., will be duly acknowledged.

[previous page](#)

[next page](#)