the men's side, who was often asleep before twelve o'clock ; and all casualties had to be reported to the Matron in the absence of the House Surgeon, which was often till two in the morning-how was she to get proper hours of sleep, considering her duties com-menced at 6.30 a.m.? After all this, which I assure you is not at all exaggerated, at the end of four and a-half years, when I had remodelled the Nursing Staff and domestic arrangements as well, and got subordinates that I could trust, both mind and body gave way for a time, and I had to seek change and rest, and leave my work to be continued by, I hope, a more worthy successor, who will not have the same difficulties to contend with, as they are gone, I trust, never to return ; but she will have the same committee, and if she has not firmness of purpose and tact enough to keep her position without appeals to them, she will find that they will give her very little help in so doing.

What I have written may appear to those Nurses working in well organised Hospitals, where from Wardmaid to Matron all duties are clearly defined and faithfully performed, to be received with reservations; but let them leave these properly organised Institutions, and in many others they will find a state of things such as I have described still disgracing the management of our public Institutions.

Within the last year, the disorganised state of some have been exposed in the public Press, and it is a pity, for the sake of the patients and the regulation of our charities, that the evils still rampant in others are not also made public. When we have Matrons signing themselves nonentities, and an almost unanimous wall in the daily papers of complaints from Nurses con-cerning the inferiority of their food, for which it seems in this case she is not allowed to be responsible, it is time the guardians of the sick poor and Nurses, and the expenders of the public money, should inquire into these matters and have them rectified at once. - I am, Sir, faithfully yours, M. R.

Woodend House, Hayes. Middlesex.

# VACANT APPOINTMENTS, WANTED, &c.

MATRON. I.KLEY ORPHANAGE. – Wanted, Experienced MATRON, good needlewoman, kind, methodical, and religious. Salary, ±30 inclusive; also, practical, working SUB-MATRON, clean, strong, orderly, to train girls in every branch of household work. Salary ±18. — Apply to Mrs. Knight, The Pastures, Ilkley, Yorkshire. [3]

NURSES. S HEFFIELD PUBLIC(HOSPITAL—Wanted, a trained NURSE for charge in a Men's Surgical and Medical Ward, alternate day and night duty.—Apply, Matron.

WANTED, a thoroughly trained LADY NURSE (Medical, Surgical, and Midwifery) for Country District Nursing. Salary 275.—Apply, by letter, to Miss Edwards, Byethorn, Corbridge-on-Tyne, R.S.O. Testimonials and references required. £75.—7 R.S.O.

CLRTIFICATED NURSE, and trained in District Nursing, wanted, at once, for the poor of Bolton. Salary commencing at 22% all found.—Apply, Superintendent, 221, St. George's Road.

THREE Vacancies for trained NURSES for the Private Nursing Staff of the South Devon Hospital. Plymouth. Salary from 425 (uniform and washing). - Apply, with certificate and photo, to Matron.

WANTED, at the ROYAL SURREY COUNTY HOSPITAL Guildford, Charge NURSE for the Children's Ward (16 beds). Three months' night duty and three months' day duty, taken alternately. Salary £18, rising.—Address, the Matron. [2]

INVALIDS (with Nurse or otherwise) requiring kind Nursing and home comforts, are received by a Lady (Hospital trained); also, Convalescents. Massage treatment.— Principal, 54, Brunswick Road, Brighton.

## Competitive Prize Essay. NINTH COMPETITION.

A Book of the value of One Guinea will be awarded for the best Essay on the following subject-

"DESCRIBE IN FULL DETAIL THE LIFE AND WORK IN A COTTAGE HOSPITAL."

### - RULES.

1.—Contributions must reach the Editor, at the office of THE NURSING-RECORD, not later than March 7th, 1889, addressed as follows:-"Prize Essay Competition, THE NURSING RECORD, St. Dunstan s House, Fetter Lane, London, E.C." 2.—Manuscript must be written distinctly in ink, and on one side of the paper only, upon not less than 24 or more than 30 pages of ordinary-sized ruled sermon paper. The pages must be numbered and fastened together.

sized ruled sermon paper. The pages must be numbered and astron-together. S.—The real and full name and address (stating whether Miss or Mrs.) of the Competitor must be inscribed on the back of each contribution, and notification of which Hospital or Institution the Competitor has been or is attached to. 4.—Trained Nurses or those personally associated with Nursing work only allowed to compete. The decision of the Prize Essay Editor to be final, and any infringement of the above Rules will be considered a disqualification. NOTICE.—The Prize Essay Editor will not undertake to return MSS. unless accompanied with a sufficiently stamped addressed envelope. In no case must manuscripts be rolled up when sent by post; they must be folded.

### - NOTICES, -

- Communications relating to the Literary Department, Books, Pamphlets, &c., for Review, &c., must be addressed to the Editor of the NURSING RECORD, St. Dunstans House, Fetter Lane, London, E.C.
  The Editor will not undertake to return rejected MSS. unless accompanied with a sufficiently stamped addressed envelope.
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- cations. Communications from all parts of the country are cordially invited and liberal arrangements are made for reprints of original articles, and for such illustrations as serve to increase their value or interest. Reports of Nursing Vacancies, Appointments, Meetings of Societies, &c., and Newspapers, &c., containing (marked)-accounts of matters of local or personal interest or importance, will be gladly received. Correspondence upon all subjects associated with Nursing specially invited. The NURSING RECORD is published every Thursday, and can be obtained at Messrs. W. H. Smith & Son's Railway Bookstalls, and of the principal Newsagents in London and the Provinces. TERMS. OF SUBSCRIPTION

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Situations Vacant and Required, Three Lines (per Insertion) ... 1 Advertisements must not be received later than Wednesday, 10 a.m.

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