

Her second objection, that they are "never got up decently," argues great inefficiency on the part of her laundress. Is the bad getting up confined to her caps, or does it extend to the other articles of her attire?

Thirdly, "it is a great loss of time having to arrange them." Does not the arranging of those "long golden fibres" take time, and does "Nurse Marian" count that great loss of time?

Although St. Paul teaches that "if a woman have long hair it is a glory to her," St. Paul adds his admonition, "whose adorning let it not be that outward adorning of plaiting the hair"; though why it should be "tossed up anyhow when hidden away under a cap," I fail to see. Surely a Nurse who will not arrange her hair neatly because it is not seen will also carry that slovenliness into other unseen portions of her work.

Will "Nurse Marian" forgive my asking if her ministrations are entirely confined to her own sex, or does she also smile at her male patients "through the mirror which reflects" those aforesaid "long golden fibres"? For myself, I trust the day may never come when Nurses will feel ashamed of that which crowns "the glory" and has ever been a distinctive part of a Nurse's uniform—her cap.—Faithfully yours,
CAPPY, BUT NOT HAIRLESS.

PRIZE ESSAY.

To the Editor of "The Nursing Record."

Sir,—I have exceeding pleasure in acknowledging the books received on Thursday evening, and in rendering to you my thanks for them.—I am, yours faithfully,
ANNIE BLISSETT.

Charing Cross Hospital,
Strand, March 2nd, 1889.

VACANT APPOINTMENTS, WANTED, &c.

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ILKLEY ORPHANAGE.—Wanted, Experienced MATRON, good needlewoman, kind, methodical, and religious. Salary, £30 inclusive; also, practical, working SUB-MATRONS, clean, strong, orderly, to train girls in every branch of household work. Salary £18.—Apply to Mrs. Knight, The Pastures, Ilkley, Yorkshire. [2]

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2.—Manuscript must be written distinctly in ink, and on one side of the paper only, upon not less than 24 or more than 30 pages of ordinary-sized ruled sermon paper. The pages must be numbered and fastened together.

3.—The real and full name and address (stating whether Miss or Mrs.) of the Competitor must be inscribed on the back of each contribution, and notification of which Hospital or Institution the Competitor has been or is attached to.

4.—Trained Nurses or those personally associated with Nursing work only allowed to compete.

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Correspondents are requested to write on one side of the paper only, and give their real names and addresses, not necessarily as signatures to their letters, but as a guarantee of good faith. Unless this rule be strictly adhered to, no notice will be taken of such communications.

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