

right by each Nurse paying, say, £30 for her first year of training? If the hours were reduced, and Nursing made such a profession as it should be, £30 would not be too much of a premium for one to pay to learn it?"

"I SEE day after day these Nurses working cheerfully, and yet they are simply being worn out. You will rarely find one who can honestly say she does not feel tired out. They work for fourteen hours, and then get barely eight hours' sleep. Night Nurses get seven hours' sleep. Government takes every precaution that the hours' of women are not too long in any of our large factories, and why should such an evil occur daily under the eye of our Medical men, who ought to know that not only bodily but mental powers, being constantly on the stretch, must very speedily become exhausted?"

THE following story appeared in our active contemporary, the *World*, last week, and will interest many of my readers who have had friends and late fellow-workers engaged in the late little frontier war:—"A Black Mountain story. Lady Roberts, who naturally takes the greatest interest in the welfare of the Nursing Sisters, whom she was the means of taking out to India, visited the Hospitals and patients in their charge at the base of operations, Oghi, and was much pleased with their work and devotion to the sick, and so forth. 'Really,' she said, 'I think the Sisters deserve a medal for this campaign as much as any one, and I hope they will get one.' 'I don't know about the medal,' said a gallant Colonel, who was in attendance, 'but they are sure, at all events, to get plenty of *claps*!'"

I AM glad to hear that appreciation for the good work which Miss Coghlan, as Lady Superintendent, and Miss Robson, as Senior Nurse, have done for the Kensington District Nursing Association, has lately been very practically expressed. Both these ladies have just transferred their valuable services to Newcastle-on-Tyne, the former to become Matron, and the latter the Nurse-in-charge, at the Fleming Memorial Hospital for Children. Miss Coghlan has done excellent work in Kensington altogether, starting the branch four years ago, raising it to its present high degree of efficiency and usefulness by her unwearied labours among the sick, and winning the hearts of the poor by her skilled Nursing and tenderness.

A HANDSOME tea service of crown Derby china, plated teapot, sugar basin, and cream jug, has been presented to her by the united subscriptions of her grateful patients, which "she will always

value as her best testimonial." She has also received handsome parting gifts from members of the Committee and others, and a purse containing sixteen guineas from appreciative friends in Kensington generally, and the highest testimonials from her committee and the Doctors whose cases she has attended. A purse of eleven guineas has also been presented to Miss Robson by her Kensington friends as a token of their admiration of her valuable unobtrusive work during the last four years among the sick and suffering, many of whom have expressed regret that they had no opportunity of proving to her, as well as Miss Coghlan, their grateful sense of the loving way in which she has ministered among them.

JUDGING from the signs of the times, the whole question of Lunatic Asylum management, and especially the Nursing of mental cases, is coming into the field of practical politics. Of course every one knows that things are widely different now from the days when Valentine Vox was published, and a horror-stricken public strongly demanded the immediate reform of the Lunacy Laws. But at the same time two things are now quite certain—that so long as a Medical man can only sign a certificate with the prospect of future legal actions before his eyes, many lunatics will remain at large, to their own harm and to the danger of the community; and secondly, that the Nursing in Asylums, public and private, is quite susceptible of the greatest improvement. Probably until a bishop or some prominent politician has been shot or stabbed by one of the promiscuous madmen, who are now loose in our midst, the statutes regulating the control of the insane will remain in abeyance. But the improvements in nursing these cases must, I believe, come from Nurses themselves.

AND so it seems to me that the writer of the following annotation in the *Echo* last week has hit the right nail on the head. It was the advent of educated and refined gentlewomen into the Nursing ranks which so rapidly improved both the tone of the profession and the quality of the work, and it only needs that such women should undertake mental Nursing to ensure equally great results in this branch.

"THE question of Nursing the insane, which was raised by some Medical men at the recent Congress at Sydney, has shown that this is a field of mercy much neglected by the generous and self-denying women, who shrink from no labour or sorrow in the ordinary course of Hospital Training. Enquiries prove that it is exceedingly rare that ladies ever apply for posts in the county, or other

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