being independent and being perhaps somewhat too expensive for some Nurses' means, it has not been taken by every Member. The Association Journal, it seems, is at first to be issued every quarter, and as it succeeds, more frequently, presumably once a month-a very shrewd and business-like proceeding. Anyhow, I and other foundation Members may well congratulate ourselves on the prospect of very considerable privileges for our half-crowns, for which those who have been waiting to see whether the Association succeeded, will in future have to pay just twice as much.

I CAN strongly recommend my Nursing and other lady friends a particularly charming day's holiday. The route is as under :- Take the 10.33 train from Liverpool Street to Chingford. At that station a well-appointed four-horse coach meets the train, for a three hours' most delicious drive imaginable, through scenery and an atmosphere not to be beaten anywhere. Lunch when arrived back at the Royal Forest Hotel (you will be quite ready for it), and then explore on foot the immediate and pretty neighbourhood; get tea, and return to Liverpool Street at dusk. The expenses work out as follows :- Return railway fare, thirteenpence; coach, four shillings; lunch, two shillings; tea, one shilling and sixpence; total cost for the day, eight shillings and sevenpence-and an excellent investment it is. Those intending to experiment should write to the Royal Forest Hotel, Chingford, for a list of the drives, which vary, and secure seats in advance. Mrs. Gordon and Miss Roberts, who are in charge of affairs, will, I feel sure, gladly extend the same courtesy to any of my readers as they did to me. The suites of rooms, decorated in the styles of the different periods, should be seen, and also the hunting box of the virgin Queen Elizabeth illness necessitated the appointment of a deputy, close by.

Murray's Magazine of this month contains, under the heading of "Our Hospitals," two very interesting articles, entitled "The House Surgeon" and "Practical Views of Nursing," by Mr. John H. Morgan and Miss Isla Stewart respectively, both of which will amply repay perusal. Miss Stewart's article is of a particularly practical character, and in it I find, "Self-sacrifice is not a leading characteristic of the present age"; an expression which I am afraid I reluctantly have to agree with, and also a "brave truth" which may well bear repetition. "They (the Nurses) are, unfortunately, much given to gossip, and they exercise the Englishman's privilege of grumbling considerably; but withal they are a kindly class of

lectual." I cannot, however, agree with Miss Stewart (but, perhaps, this lady won't mind) that "Half-an-hour seems to me ample time for a dinner of two courses." I am a tolerably busy person myself, but I should object most strongly at having my dinner time permanently limited to half-an-hour, even if the meal itself consisted only of bread and cheese ; but then I am not blessed with a "cast-iron back and a seraphic temperament." Miss Stewart concludes her article with, "There are few such opportunities of development open to women or for the real enjoyment that comes from a useful and busy life."

I AM informed that Text-Book No. 2 (the Nursing Record Series) is in hand, and it is hoped that it may be "officially" announced in these columns shortly. There should be a large demand for it, as it is of an extremely practical character, and will deal with Medical, Surgical, and General Nursing.

I SHOULD have mentioned at least a fortnight ago, but Mr. Editor having made a ruthless demand upon my space of late prevented me, that the Louth Hospital and Dispensary recently held its eighty-seventh annual meeting, which was successful in every way, a small item of  $\pounds 4$  os. 6d., however, being due to the Treasurer. A year of very useful work was recorded, and reflected every credit on all concerned. I am pleased also to note that "with the aid of subscriptions, kindly collected by the Matron, Miss Annie Hewson and others, the portico at the east end of the Men's Ward has been enclosed with glass, thus provid-ing a very convenient addition to the Ward, which they highly appreciate"; "and that Miss Bradwell's management of the Hospital continues to merit the approval of the Committee. Her who discharged her responsible duties to the Committee's satisfaction."

I OUGHT likewise to have stated that, at the grand fète and bazaar opened by H.R.H. the Princess Louise at Knole Park, Sevenoaks, a week or two ago, and which was fully reported in the daily papers, the princess graciously presented silver medals to two Nurses who had completed eight years' work each for the above institution. The Nurses had a stall, and the bazaar altogether, financially and otherwise, was a great success.

I HAVE received the report of the North-Eastern Sanitary Inspection Association, Newcastle-on-Tyne-"a mutual insurance against the evils women, generally intelligent, though rarely intel- arising from defective drainage, &c."---and have



