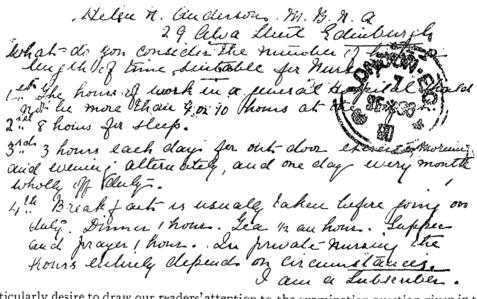
POST-CARD EXAMINATIONS.

WE are pleased to be able to announce that the fourth of this series of examination questions has been most heartily responded to, the following having secured the prize of a book or books of the value of five shillings :-



We particularly desire to draw our readers' attention to the examination question given in this issue.

* * Some other answers received and deserving | Mrs. M. A. Core, M.B.N.A.: honourable mention.

"What do you consider the number of hours or length of time most suitable for Nurses:—(1) For work; (2) For rest; (3) For recreation; (4) For meals?"

MISS ZELLA BELL, M.B.N.A.:-

- (1) For work, twelve hours.
- (2) For rest, eight hours.
- (3) For recreation, two hours.
- (4) For meals, half hour for each meal, lunch excepted.

MISS EDITH ELLEN LEWIS :-

- (1) Work, twelve hours.
- (2) Rest, eight hours.
- (3) Recreation, two hours.
- (4) Meals, two hours.

A holiday once a month of an entire day, and six weeks' holiday in the year.

Miss Mary Johnson, M.B.N.A.:-

The hours of duty which I consider not hard are from eight a.m. to eight p.m. (breakfast 7.30), half-an-hour allowed for lunch, an hour for dinner, half-an-hour for tea, three hours' recreation, either outdoor or in after eight p.m.; half a day every week, from two to ten p.ni.; one Sunday a month from ten a.m. to ten p.m.

- - (1) Work, twelve hours.
 - (2) Rest, eight hours.
- (3) Recreation, two hours.
- (4) Meals, half-an-hour for each meal, allowing a Nurse four meals daily, and not expecting her to stay in the dining-hall the whole of the time.

Miss Sarah Child, M.A.B., M.B.N.A.:—

- (1) For work, twelve hours a day.
- (2) For rest, eight hours a day.

(3) For recreation, two hours a day; half a day

every other week; two weeks every year.

(4) For meals: breakfast, half-an-hour; dinner, one hour; tea, half-an-hour; supper, threequarters of an hour.

MISS ELIZA AI.I.EN, M.B.N.A.:-

- (I) That Nurses should work ten hours.
- That they should have eight hours' rest.
- (3) That they should have three hours' recreation.
- (4) That they have half hour to breakfast, one hour to dinner, half hour to tea, and one hour to supper.

MISS EMILY SANDERSON, M.B.N.A.:-

During the day of twenty-four hours I consider thirteen hours not too much when varied by previous page next page