

fogs—so far as Nursing is concerned—which are so dense and oppressive just now; and which action I would venture to commend to others as “an example worth following.” The result would, I am sure, be a great gain to our own land and to the whole world.

Another example worthy of notice appears in the extract below, from the *Stone and Eooleshall Advertiser* of the 4th of April, being a portion of the will of the late Mr. Henry Blakeman, an old and respected retired tradesman:—

“The Stafford Infirmary and the Infirmary at Hartshill each receives £100, and a like sum comes to that very useful Institution, the Stone Nursing Association. The residue—which means a goodly sum—is vested in Mr. James Robertson, of Manchester, and Mr. James Lewis, of Stone, who are appointed trustees to carry out the provisions of the will. Mr. Blakeman has directed that those two gentlemen shall dispose of the residue of his estate for the benefit of the town of Stone and the inhabitants thereof, in such manner as they, in their discretion, may think fit; or, on the other hand, they may, if they choose, apply the same for their own use and benefit absolutely. We all know Mr. Lewis, and we can safely leave the matter in his hands and in the hands of his colleague.”

“As our lingering idols fall, let it be through the increasing power of the ideals that lead us; let us steadily embody these in our life, so that their brightness may dwell among men, and help to lead on the happier world.”—Yours in good hope,  
SARAH CLAYTON.

39, Tunley Street, Stone, Staffs.

HELP IN HOSPITAL LAUNDRY WORK.

To the Editor of “The Nursing Record.”

A Matron would be glad to have the opinion of other Matrons as to the amount of help required in her laundry. The Hospital contains sixty-four beds; there is a daily average of fifty-four patients. Their personal linen is not washed at the Hospital. The staff consists of House Surgeon, Matron, eight Nurses, and ten servants. There are two resident laundresses, two women on Mondays, and one woman for three more days. They do not seem able to get through the work. As a rule there are about eighty Ward sheets, fourteen quilts, fourteen blankets, eighty pillow cases, towels, &c., besides the house linen, eighty Nurses' and servants' aprons, and of course a large number of collars and cuffs. The servants all wear cotton dresses, but not the Nurses. The washing is not done by machinery.

[We shall be glad if any of our readers will kindly give their opinions and experiences.—ED.]

REPLIES TO CORRESPONDENTS.

Miss S. T.—We are continually receiving letters making inquiries as to the advisability of opening Private Nursing Homes in London. The profits are small and precarious, unless done on a first-class scale, and with influential medical support. In the large country towns they are much needed; and within the last three months Home Hospitals have been opened in Plymouth, Chester, Clifton, Ilfracombe, Scarborough, Brighton, &c.

Sister Sophia.—Write to the Secretary, 8, Oxford Circus Avenue. Get the new *Nurses' Journal*; it reports the meeting in full.

Mrs. Dashwood.—The article you mention was in the *National Review* for March, price two shillings and sixpence. We reviewed it a few weeks back.

Nurse Brady.—Asses' milk can be procured from Cooper and Co., London Dairy, 54, Edgware Road.

Nurse Anderson.—We should recommend most strongly the “Lawson Tait” Hospital beds, from S. B. Whitfield and Co., Birmingham, and 58, Holborn Viaduct, London, E.C.

COMPETITIVE PRIZE ESSAY.  
TWENTY-FOURTH COMPETITION.

A Book or Books of the value of One Guinea will be awarded for an Essay upon the following subject:—

“Describe in full the amount and kind of help required in a Hospital laundry. The Hospital contains sixty-four beds; and there is a daily average of fifty-four patients. Their personal linen is not washed at the Hospital. The Staff consisting of House Surgeon, Matron, eight Nurses, and ten servants, there are about eighty Ward sheets, fourteen quilts, fourteen blankets, eighty pillow-cases, towels, &c., besides the house linen, eighty Nurses' and Servants' aprons, and, of course, a large number of collars and cuffs, to be washed each week. The servants all wear cotton dresses, but not the Nurses. The washing is not to be done by machinery.”

RULES.

1.—Contributions to be sent to the Editor, at the office of THE NURSING RECORD, addressed as follows:—“Prize Essay Competition, THE NURSING RECORD, St. Dunstan's House, Fetter Lane, London, E.C.

2.—Manuscript must be written distinctly in ink and on one side of the paper only, upon not less than 24 nor more than 48 pages of ordinary-sized ruled sermon paper. The pages must be numbered and fastened together.

3.—The real and full name and address (stating whether Miss or Mrs., of the Competitor must be inscribed on the back of each contribution, and notification of which Hospital or Institution the Competitor has been or is attached to.

4.—Trained Nurses or those personally associated with Nursing work only allowed to compete.

Winners in previous Competitions are permitted to compete, but in case of a “tie” the prize would be awarded to the Competitor who has not secured a prize before.

The decision of the Prize Essay Editor to be final, and any infringement of the above Rules will be considered a disqualification.

NOTICE.—The Prize Essay Editor will not undertake to return MSS. unless accompanied with a sufficiently stamped addressed envelope; and in no case will he be responsible for any loss of same during transmission, &c. In no case must manuscripts be rolled up when sent by post; they must be folded.

The “Nursing Record”

POST-CARD EXAMINATIONS.

No. 18.

A Book or Books of the value of Five Shillings will be awarded to the best answer to the following question, addressed, “Nursing Record Post-Card Competition,” St. Dunstan's House, Fetter Lane, E.C. All answers to this question to reach us not later than the morning of Saturday, April 18th, 1891:—

“Describe what you would do in the case of a patient being seized with an Epileptic Fit.”

(a) The answer must be written (neatness and distinctness count to credit) in ink, on a thick post-card, with the full name and address of the candidate at the top. The successful candidate's answer will be printed in fac-simile.

(b) All associated with nursing work are accepted as candidates, but in case of a “tie” a subscriber will naturally have preference, and for this reason each candidate must mention at the bottom of the post-card, “I am a subscriber,” or “I obtain the NURSING RECORD from—”

(c) The decision of the Examiners to be final.

\* Give name and address of newsagent where obtained.

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