

The following are considered worthy of honourable mention:—

## NURSE BECKS:—

I should keep the patient at perfect rest, in a cool room, with the head raised and arms held above the head; should apply cold to back of neck and forehead; if bleeding not checked, should give nasal douche by means of india-rubber tube and funnel; or by syringe, using iced water, or if necessary an astringent, as a weak solution of perchloride of iron, tannin, haseline, or vinegar. If the bleeding still continues, and a surgeon cannot be obtained, as a last resort the nostrils must be plugged; the posterior nares will require the aid of Bellog's sound, or if not at hand a soft catheter pierced through at the eye, passed along floor of nostril into throat, then threaded, and a piece of sponge attached, drawn into position, and the ends of thread strapped on to cheek, and anterior nostrils plugged. If plethoric patient of vigorous and sound constitution, is not wise to stop hæmorrhage immediately, but give a purgative. If hæmorrhage is recurrent, it is probably due to constitutional disorder; patient must seek medical advice.

## MISS A. N. FERGUSON, M.R.B.N.A.:—

In a case of epistaxis it is better to try the simpler means first. The patient should be placed in a sitting position with the head thrown back and all clothing about the neck made loose. If the hæmorrhage does not seem inclined to stop, raise the arms above the head. If still unsuccessful, apply cold to the bridge of the nose and nape of the neck. Syringing the nostrils might next be tried, using iced water, a weak solution of perchloride of iron, or alum. Plugging the last resource. The plugging to be well packed to the back of the nostrils and so on till the entire cavity is filled, using for doing so a probe or director. The plug will remain longer sweet if first dipped in carbolic oil.

## MISS MARGARET FALCON:—

In a case of epistaxis, or bleeding from the nose place the patient in a sitting position with head thrown *back*, and arms vertically raised. Leave the neck quite free, and apply a wet sponge to the back of the neck and cold water cloths, or ice to the nose and forehead, or inject cold water up the nostrils. Alum and water is sometimes successful. Failing these, plug the nostrils with cotton wool, or lint, and keep the patient quiet.

## MISS EMMA PAYNE, M.R.B.N.A.:—

The best way to stop bleeding from the nose, is to apply compresses of cold, or iced water, to

the nose, forehead, and back of neck, or pressure on the nostrils with the finger and thumb, while the arms are raised as high as possible. Sometimes the application of mustard over the stomach and ankles is successful; if these simple measures fail, the nostrils should be syringed with cold water and a few drops of perchloride of iron, alum, or tannic acid. In very extreme cases the nares have to be plugged: this operation is done by drawing a piece of lint or sponge, about the size of first thumb joint, forcibly against the posterior nares, the pressure thus exercised speedily arrests the hæmorrhage.

## MISS GERTRUDE KNOTT:—

Firstly, do not allow the patient to hold his head over a basin, as that only increases the flow. Let him hold his head back, and apply ice or cold-water cloths to the nape of the neck and root of the nose, and let him hold his arms above his head. If these means fail, take one drachm of powdered alum to half-a-pint of water, letting the patient sniff the lotion up the nostrils. Putting a large house key down the back sometimes has effect. If faintness is present, give one teaspoonful of brandy to two of water, or from twenty to forty drops of sal volatile in a little water.

## THE VICAR'S DAUGHTER.\*

An Autobiographical Story.

By GEORGE MACDONALD, LL.D.,

Author of "David Elginbrod," "Alec Forbes," "Within and Without," "Malcolm," &c.

## CHAPTER XVI.—RUMOURS (CONTINUED).

NOTHING irritated my bear so much as to be asked to dinner without me. He would not even offer the shadow of a reason for declining the invitation. "For," he would say, "if I give the real reason—namely, that I do not choose to go where my wife is excluded, they will set it down to her jealous ambition of entering a sphere beyond her reach; I will not give a false reason, and indeed have no objection to their seeing that I am offended; therefore, I assign none. If they have any chivalry in them, they may find out my reason readily enough."

I don't think I ever displeased him so much as once when I entreated him to accept an invitation to dine with the Earl of H—. The fact was, I had been fancying it my duty to persuade him to get over his offence at the omission of my

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