would disappear altogether, whilst the sick poor would gain a friend trained in Nursing.

This Royal Institute also offers advantages to women who may wish to nurse otherwise than in Hospitals; but those only are engaged who display suitability for the special work and are well trained. Once admitted on the Staff, a Nurse's position is assured; she enjoys the protection of the Institute; her work is appreciated; reasonable pay is given; and treatment such as that related by "P. L. W." would not be permitted. Let us, then, hope that a large body of women may—after not less than three years' training—become "Queen's Nurses," and assist the work of Her Majesty's great Institute, now only in its infancy.

Benevolent persons, by forming local Associations of the Institute, and joining the Committees, will help the sick poor with an ease and a thoroughness they never attained when working at "District Nursing" of the past.-I am, Sir, yours, &c., G. R. A.

HOME OF REST.

To the Editor of "The Nursing Record."

Sir,—I have just returned from a three weeks' stay at the Home of Rest for Nurses at Brighton, and I can thoroughly endorse everything that has been said in its praise. The Home is most comfortable, excellently managed and organised, the food of the very best quality and variety. There are no rules and restrictions, which go far to make the Home a happy one, and to make one former for a time all the more and annihil and to make one forget for a time all the work and anxiety of a Hospital.

Mrs. McIntyre devotes herself entirely to the comfort of her visitors, and I most thoroughly recommend any Nurses worn out with work to go and recoup themselves there.— I am, Sir, yours faithfully, MARY G. WILKINSON, M.R.B.N.A.

County Hospital, Lincoln.

Replies to Correspondents.

As we have received so many letters of thanks for being the means of letting Nurses know of the Home of Rest at 12, Sussex Square, Brighton, we propose to insert a notice of that excellent Institution amongst our advertisements when-

that excellent institution amongst our advertisements when-ever we have a vacant space, free of charge. *Mechanio* (Sleaford). — Write to Miss Lankester, 53, Berners Street; she is the Secretary of the Ladies' Com-mittee. Princess Christian, the President, will, we believe, take an active part in furthering the success of the scheme, and all know what an excellent example of thoroughness she sets to all women in work which she undertakes.

Matron (Children's Hospital).—Messrs. Debenham and Freebody, Wigmore Street, W., have now a separate depart-ment for Nurses' uniforms, and all materials are of the best. We saw some charming pink ginghams there a few weeks ago, which would look very bright and dainty in a children's Ward, and these old-fashioned and durable textures wear

exceedingly well. Miss Bellamy.—Make the draw-sheets of somewhat coarse cotton twill sheeting, two yards square ; when washed they are very soft and absorbent. Feathers should never be used for limb pillows unless fumigated very often. Make pillows the size required, of tow and cotton wool, covered with mull You will find muslin; these can be constantly burnt. flannelette softer than domette for many-tailed bandages.

LAST week we referred to Messrs. Kutnow and Co.'s Anti-Asthmatic Powder, but, in error, the word "Asthma," for which it is especially useful, was left out. We also learn that this powder is very efficacious in cases of influenza.





