cannot too strongly recommend the route chosen and the handsome and well-fitted boats of the ZEELAND SHIPPING CO. We ourselves have made the journey by this line on more than one occasion, and found the fares and tariff reasonable, the accommodation excellent, and courtesy and attention among the officials. We shall be pleased if our readers will bear this in mind when next they purpose crossing the Channel.

# "The Aursing Record" POST-CARD EXAMINATIONS.

A Book or Books of the value of Five Shillings, or Two Pairs "Gregg's" Kid Gloves, will be awarded for the best answer to the following subject:

### "Describe the Nursing of a Tracheotomy Case."

Address "The Nursing Record Post-Card Competition," 11, Ludgate Hill, London, E.C. All answers must reach us not later than the morning of Saturday, March 19, 1892.

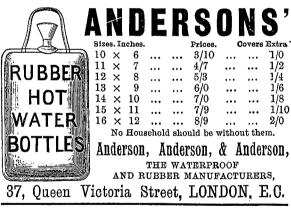
(a) The answer must be written (neatness and distinctness count to credit) in ink, on a thick post-card, with the full name and address of the candidate at the top. The successful candidate's answer will be printed in fac-simile.

(b) All associated with Nursing work are accepted as candidates, but in case of a "tie" a subscriber will naturally have preference, and for this reason each candidate must mention at the bottom of the post-card "I am a subscriber," or "I obtain The Nursing Record from——\*' (c) The decision of the Examiners to be final.

\* Give name and address of newsagent where obtained.

## Fresh Pages.

"NURSERY HYGIENE," a manual for the instruction of those in charge of infants and young children "in the laws of health," by Boyd Burnett Joll, M.B. (Henry Kimpton, 82, High Holborn, W.C.). The author, in his preface, modestly states that there is nothing strikingly new in this work, but it is merely the experience in matters hygienic of a few years' general practice among such classes of society as a provincial town affords, and was chiefly penned for the perusal of the parents and guardians of infants and young children. It contains ten chapters upon a large number of subjects, each of which is treated briefly, practically, and to the purpose. Every Nurse, whether trained or untrained, who desires to know anything in respect to the hygiene of the nursery, should study this book. Dr. Joll, very properly, at the outset lays stress upon the "definition of hygiene, the nature and scope of it, and the dangers of neglect, and ignorance of sanitary matters." This indeed is the key to the whole book. Chap. III., on the "Nurse," is full of straightforward hitting, and should be published by itself as a leaflet and distributed by the million throughout the country. When we get a smartly-written piece



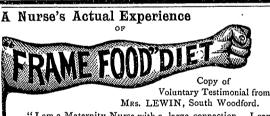
#### NOTICES.

Communications relating to the Literary Department, Books, Pamphlets, &c., for Review, &c., must be addressed to the Editor of The Nursing Record, 11, Ludgate Hill, London, E.C.
The Editor will not undertake to return rejected MSS. unless accompanied with a sufficiently stamped addressed envelope.
Correspondents are requested to write on one side of the paper only, and give their real names and addresses, not necessarily as signatures to their letters, but as a guarantee of good faith. Unless this rule be strictly adhered to, no notice will be taken of such communications.

cations.

Communications from all parts of the country are cordially invited, and liberal arrangements are made for reprints of original articles, and for such illustrations as serve to increase their value of interest. Reports of Nursing Vacancies, Appointments, Meetings of Societies, &c., and Newspapers, &c., containing (marked) accounts of matters of local or personal interest or importance, will be gladly received. Correspondence upon all subjects associated with Nursing specially invited.

THE NURSING RECORD is published every Thursday, and can be obtained at Messrs. W. H. Smith & Son's Railway Bookstalls, and of the principal Newsagents in London and the Provinces.



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