

## Tasty Tit-Bits and Dishes Dainty,

FOR INVALIDS AND CONVALESCENTS.

Compiled specially for "The Nursing Record"

BY  
LADY CONSTANCE HOWARD.

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## HAMPSHIRE PUDDING.

Line a pie-dish edge with good puff paste. Spread the bottom with jam one inch thick. Beat well the whites of two and the yolks of three eggs. Add 3oz. of castor sugar, and 3oz. of melted butter. Beat until quite thick. Pour over the jam. Bake half-an-hour in a moderate oven.



## FLEMISH SOUP.

Boil equal parts of potatoes and turnips in water, with one onion and a head of celery. Add pepper and salt to taste. When quite done, pass through a hair-sieve. Put it in a saucepan on the fire; when it boils, add a pat of fresh butter, plenty of chervil, a pinch of parsley, and Tarragon leaves minced fine.

## PAIN AUX HUITRES.

Take 1lb. finely-powdered whiting, oysters, and eggs, moistened with cream and oyster liquor. Put the ingredients in a mould, and steam until done.

## ORANGE SALAD FOR WILD DUCK.

Quarter some oranges, removing all skin and pith; sprinkle with a little finely-chopped Tarragon and chervil. Pour one dessert-spoonful of salad oil, and the same of brandy over the oranges, and a pinch of castor sugar. Serve, dished in a pile, and placed on ice one hour before serving.

## MAYONNAISE SAVOURY.

Dice of cold veal, poultry, game, lobster, crab, prawns, or any kind of fish; put on rounds of raw bread, cover with thick mayonnaise, and garnish with a little finely-minced parsley.

## PAIN DE CERISE.

Make a paste of flour; butter and salt the thickness of a fritter; mix with some stoned black cherries; place in a buttered dish with some bits of butter. Place in a very hot oven for one hour, adding a little butter.

## ISABELLA'S POACHED EGGS.

Poach some eggs; when cold, trim them, roll in thin sheets of bacon, fry in butter. Serve with fried parsley.

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## Nursing Echoes.

\*.\* All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.

HER ROYAL HIGHNESS PRINCESS CHRISTIAN has been more busy than usual, if possible, promoting the good of women in general—and of Nurses in particular. On the 2nd she came to London after attending a meeting at the Princess Helena College, Ealing, went to the Society of Arts, and met the ladies of the Committee for the Chicago Exhibition. The MARCHIONESS OF SALISBURY, the COUNTESS OF ABERDEEN, Lady KNUTSFORD, Lady EGERTON OF



TATTON, Lady JEUNE, Lady ROBERTS, Lady DOUGLAS GALTON, Mrs. PRIESTLEY, and Mrs. BEDFORD FENWICK, were amongst those present. The press were not admitted, as it was a preliminary meeting, but I understand the organisation of the following sections has been deputed by the Royal Commission to the under-mentioned ladies: The COUNTESS OF ABERDEEN and the DUCHESS OF ABERCORN have undertaken the complete management of the Irish Exhibition of Women's Work, including in it a representation of what has been done in regard to the Donegal industries:—

|                        |                          |
|------------------------|--------------------------|
| Philanthropic Work ... | Baroness BURDETT COUTTS. |
| Nursing ...            | Mrs. BEDFORD FENWICK.    |
| Hygiene ...            | Mrs. PRIESTLEY.          |
| Education ...          | Mrs. FAWCETT.            |
| Art ...                | Mrs. ROBERT AUSTIN.      |
| Needlework ...         | Lady HENRY GROSVENOR.    |

As there can be no doubt that the exhibition of nursing appliances at the World's Fair will be of the utmost interest to Nurses, and ultimately of great benefit to the profession, we hope to be able to acquaint them with further details of this interesting work.

ON Tuesday, PRINCESS CHRISTIAN presided at a meeting of the Committee of the Home of Rest for Nurses, when a satisfactory report was presented. I glad to hear that Mrs. SEELY, the wife of Colonel SEELY, M.P. for Nottingham, has given £5 to be spent in books. This will fill up some of the gaps I noticed not long ago in the drawing-room bookcase. I hope before I pay another visit that every shelf will be well

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