

Tasty Tit-Bits and Dishes Dainty, FOR INVALIDS AND CONVALESCENTS.

Compiled specially for "The Nursing Record"

BY
LADY CONSTANCE HOWARD.
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Suédoise Sauce.

STIR two tablespoonfuls of grated horseradish and two of thick cream, to half-a-pint of thick mayonnaise sauce. Patent Lax is sometimes added to it, but the first is the original manner of making it. Serve with fillet de bœuf.

Apricot Pudding.

TAKE 3oz. cornflour, three eggs, 5oz. sifted sugar, two pints milk and one tin of preserved apricots (or other fruit). Mix the milk *gradually* into the cornflour, and put to the side. Beat up the yolks of the eggs well with $3\frac{1}{2}$ oz. of the sugar, and add to the cornflour. Pour the whole into a goblet and boil for eight minutes, stirring gently. Then pour it into a pie-dish and bake in the oven till somewhat firm. Pour over it a layer of apricots (the juice of which may be mixed with the cornflour when boiling). Beat the whites of the eggs with $1\frac{1}{2}$ oz. of the sugar to a stiff snow. Spread this over the top and return to the oven to brown.

Fritters.

SLAKE $3\frac{1}{2}$ oz. cornflour gradually with half pint milk, pour into a saucepan and place on the fire. Add 1oz. butter and 1oz. sugar, and stir till thick. Stir into this four whole eggs, previously well beat up, and some ground lemon peel. Form, with a spoon, balls of the size of a little walnut; let them cook in—not too hot—fat or lard till they have swelled and feel firm, then lay them on blotting paper, sprinkle them with sugar, and serve with sauce.

Felixstowe Tart.

MIX 4oz. of cornflour with 4oz. of common flour, a small teaspoonful of baking powder, and a tablespoonful of powdered white sugar. Now rub in 3oz. of butter or lard; beat up the yolk of an egg with a quarter of a pint of milk, and stir it in. Knead the mass up into a light dough; roll it out to a round piece, and fit it on a well-greased dinner-plate or round dish. Roll up about an inch all round the edge of the paste, and crimp it with finger and thumb. Bake in a hot oven till of a golden colour. Then nearly fill it with stewed fruit or jam, and pour over it the white of an egg beat up to a stiff snow with two tablespoonfuls of powdered white sugar. Put the whole into a moderately-heated oven or before the fire, till it has set and become of a golden colour.

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Nursing Echoes.

* * * All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.



THE QUEEN has subscribed £100 to the Park Slip Colliery Fund, and with that true graciousness for which Her Majesty is famous, she sent the following telegram through Dr. REID to the Rev. W. H. MACLEOD upon the death of his father Sir GEORGE MACLEOD, Surgeon in Ordinary to the Queen in Scotland: "The Queen commands me to express to you her very deep regret at your father's death, and her sincere sympathy with your family in the great loss you have sustained."

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I HEAR on all sides (with the one significant exception of Mr. H. C. BURDETT'S paper) the most sincere satisfaction and admiration expressed concerning the patriotic action of Her Royal Highness, Princess CHRISTIAN, in placing herself at the head of an organised band of devoted Nurses, ready, wherever they may be needed, to help sufferers from Cholera, should this terrible disease visit our country. This heart-felt interest in all that affects the welfare of those in sorrow and pain, is characteristic of our most noble Queen and all her daughters, and as a nation, we are fortunate that the lives of these royal ladies are an example which all wives, mothers, and daughters, would do well to follow.

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I HEAR that by command of Her Royal Highness Princess CHRISTIAN, Dr. BEZLY THORNE, Hon. Secretary of the Royal British Nurses' Association, has written to the Misses KENEALY at Hamburg, to convey to them her interest and appreciation of the good work they are doing.

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MRS. BEDFORD FENWICK writes, "I feel sure many of your Nurse readers will be glad to hear that a letter has been received from Miss ANNESLEY KENEALY, in which she says that she and her sister are well, being busy and happy at the Eppendorfer Hospital in Hamburg. She expresses her keen appreciation of the kind welcome they have received, and says the Sister and Staff Nurse of the ward in which they are working "have

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