#### HOVIS BREAD AND GERM FLOUR.

(Agent, Mr. T. J. HEATHCOTE, 46, Wiltshire Street, Southsea.)

Considerable credit is due to the maker of this bread. It is very palatable, easily digested, and when cut retains the moisture for a considerable time. It contains all the nutriment of brown bread amplified, and for children as adults, it taken at least at one meal a day, it will be found beneficial. Germ Flour (which forms part of this bread), can advantageously be used in place of the ordinary flour for all cookery purposes. We hear that agents are being appointed all over the country, but those who reside in or near Southsea will be able to obtain it from Mr. T. J. Heathcote, the sole agent for this district.

#### HOUSE FLANNELS.

#### (Mr. WM. MOORE, Lauderdale Buildings, Aldersgate Street, London, E.C.)

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#### MAZAWATTEE TEA.

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