lemon, minimize the ful flavour of the orange, while it substitutes a refreshing flavour, and renders it both digestive and appetising.

SOAPS, PERFUMES, &c.

(Messrs. SHARP BROS., Southampton Row, London.)

Furnished with samples by this firm, we are able to say, after a long and practical test, that we find their "White Rose and Cucumber" Soap to possess all the advantages claimed for it, and when used in the toilet it leaves the skin soft, cool, and refreshed by its soothing properties and delicate aroma. We understand it is prepared only from a saponaceous balsamic substance, and, therefore, can be used with safety on the most sensitive skin. This, no doubt, and justly, accounts for its great popularity. It is inexpensive to buy, and yet all Hospitals and such-like Institutions are offered special terms. There are other soaps manufactured by this firm, which arealso deserving of note, but they range among the more expensive order. These are "Oatmeal and Cucumber," "Gardenia," "Cold Cream and Oatmeal," and "Mayfair Society"; and by their expressive names a selection can be made according to the fancy of the purchaser. We wish here to mention the fragrance and lasting qualities of their "Duchess Marie Bouquet," which, though exceedingly refreshing, is not overpowering, but imparts that fragrancy which makes perfume so agreeable an agent in the sick room. It is a suitable companion to this firm's "Lavender Salts."

COX'S Non-Intoxicant ALES and STOUT. Awarded GOLD MEDAL: London, 1889. The above are confidently recommended as the best Temperance Ales. They are now being largely used by Canvalescents and others, proving them to be excellent tonics. We respectfully invite inquiry, and shall be pleased to submit samples. COX & CO., 78 YORK ROAD, KING'S CROSS, LONDON, N. THE SANITARY RECORD Is full of information useful to Householders

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Fresh Pages.

The English Baby in India, and How to Rear It. By Mrs. Howard Kingscote, London: J. A. Churchill. Price 2s. 6d.—This little work of 184 pages is written especially for the information and guidance of English mothers in India; and by these it will no doubt be much valued. The English baby in India, surrounded as it is by innumerable dangers of climate, location, and the not easily recognised ailments peculiar to that country, becomes an object of great solicitude on the part of its parents and Nurses, and not unduly so, as one will admit after having seen the environment of these tiny Anglo-Indians. In the little volume under review will be found directions for providing the layette, or child's outfit. The engaging of the Monthly Nurse, and the proper mode of carrying out the duties is also gone into. It must be remembered that the mode of carrying out the domestic services in a house in India is totally different from that at home, consequently much useful information is included which might otherwise be considered unnecessary and super-Diet, sleep, and exercise have each a chapter fluous. brimful of valuable suggestions, while teething and the various little ailments incidental to infancy are fully described and otherwise accounted for. So far the book is everything that could be desired as a means of educating the young mother in her new duties, but the latter part of the volume touches upon what might be, under certain circumstances, dangerous ground, for it not only enters into a discussion of the more serious diseases; such as cholera aud typhoid fever, but also attempts to dictate the form of medical treatment to be adopted in those cases. I would, therefore, recommend the Anglo Indian mother to stop her reading at Chapter X.; otherwise, when too late, she may be sorry that her faith in the book has been too absolute.





