Review.

"Hygiene of the Skin." By J. L. Milton. (Fifth Edition, 1/6, Chatto and Windus.)—This may be described as a practical description of the articles of diet which should be taken or avoided in various skin affections, together with the external applications which, in the form of soaps, baths, water, etc., are necessary in such cases. The author has an especial horror of beer, to which he devotes a considerable space, terming it not only "a pestilent habit," but going so far as to say that it is "eating like leprosy into the land." We were not previously aware that this was a habit of leprosy, nor do we now quite understand how beer eats into the land, nor why it does so. But the meaning and intention of the author are, at any rate, obvious, and putting aside figures of speech, the book generally contains much that is both useful and practical.

Inventions, Preparations, &c.

SAFETY WINDOWS.

It is well known that every year a large number of fatal accidents occur by falls from windows, and that the present system of window cleaning, owing to the necessity for the cleaner to go partially or entirely outside the window, is a fruitful source of such misadventures. Twelve deaths were thus recorded during the months of January and February



.]. Mode of Cleaning the Bottom Sash.

of this year in London alone, and it is difficult to see how the roll of mortality can be lessened so long as window sashes are made according to the present system. A new invention, which has recently been made in the shape of a safety window sill, will, therefore, doubtless attract considerable attention, and certainly gives ground for the hope, that if it be generally adopted, the present liability to accidents will be altogether prevented. The "N.A.P." (which represents the National Accident Prevention) window is a combined sliding and inward opening window, which the subjoined engravings illustrate. The advantages claimed are that the system involves no detrimental strains



2. The Top Sash being cleaned.

whatever upon the joints of the sashes, thus insuring durability; secondly, the simplicity by which the window may be made by any joiner; and thirdly, the ease and safety with which it may be worked by a domestic, while the ordinary casement system, it is urged, is theoretically wrong. This system consists of two distinct patents, the "top bolt patent," which enables the alteration of existing windows to be carried out in a very simple manner, and the divided sash style patent which is more applicable when new windows are being made. The result, however, of either is the same, that the window can be drawn downward and inward, and cleaned from the inside of the room, with obvious safety and with considerable saving in expense of cleaning to the householder. Further particulars can be obtained from the N. A. P. Window Cleaning Company, 34, New Bridge Street, Ludgate Hill, E.C.



