

Reviews.

"Hoblyn's Dictionary of Medical Terms." (12th Edition, 10s. 6d., Whittaker & Co.). This most useful volume is almost an essential work for every Nurses' library. It is more than a mere dictionary of terms, because it describes in detail not only the derivation and the meaning, but even the divisions into which the various diseases are classed. It is, moreover, characterised by the simplicity of the language which is used, so that it is distinguished from many other works of its kind in that its explanations do not themselves require to be explained. For example, nearly a page is devoted to the various words and their separate meanings in which the root *Cystis* occurs; while under Cataract the various forms of the affection are simply but well described. The one improvement which we would suggest is that, in future editions, some of the words which have now become obsolete might with advantage, perhaps, be omitted. For example, ephyma and ephyphesis, ecpyesis, and many similar words are never used now, having been superseded by more modern and more descriptive terms. Still this is a fault, if a fault it be, on the right side, and for completeness as well as usefulness the dictionary will be found most valuable by Nurses as well as by medical students.

"Dissections, Illustrated." By Dr. Gordon Brodie (Whittaker and Co.; in four parts). This valuable book will be found of much value to Nurses who desire to see the deeper tissues of the body precisely as they are seen when exposed by dissection, but who have not the opportunity, of course, of seeing the condition on the actual subject. The plates comprise, in the four parts, the complete dissection of the body from the skin to the bone, and although these valuable volumes are too expensive for Nurses individually to buy, they should certainly find a place in the library of every Nurse Training School. They are, in completeness and accuracy, precisely what the author claims them to be, "Graphic hand-books for students of human anatomy."

"Disinfectants and Antiseptics, and how to use them." This is a very valuable card containing in a small compass condensed and most useful information, with which it would be well for all Nurses to be acquainted. As the price is only one shilling per dozen copies, and as they can be obtained from H. K. Lewis, of 136, Gower Street, W.C., they should have a wide circulation amongst Nurses. Indeed, we observe that these cards are already in their twenty-fifth thousand, a sufficient tribute to their value, and corroboration of our opinions.

Inventions, Preparations, &c.

SPECTACLE EYE-GLASSES.

Some of the specialities made by Mr. Frederick Heslott, of 69, Fore Street, City, have been submitted to us and deserve warm commendation. Especially is this the case with the self-adjusting spectacle eye-glasses, which fit on the nose without pinching, and combine the benefits of eye-glasses without the disadvantages of fixed spectacles. Mr. Heslott, who has had considerable experience as an optician and was we understand, for some time connected with the Royal Eye Infirmary at Newcastle-on-Tyne, makes all kinds of spectacles or eye-glasses, and carefully fits them free of charge to the necessities of each case. The prices for these articles are exceedingly moderate.

THE HERCULES SADDLE.

A remarkable invention which is now attracting considerable attention in medical circles is the Hercules Horse-action saddle. By its means the beneficial effects of horse riding can be obtained within doors and at a very moderate initial outlay. The advantages of such exercise are well known and to quote the words of Dr. Oliver Wendell Holmes, "you may be sure Bacon and Sydenham did not recommend horse riding for nothing. One's liver—a ponderous organ, weighing three or four pounds—goes up and down like the dasher of a churn at every step of a trotting horse." The invention consists of a saddle mounted on a stand, which contains an internal mechanism so arranged that with a minimum of exertion on the part of the rider, he can reproduce the trotting and galloping action of the horse. Those medical men who have tried it are unanimous in their praise of the benefits derivable from its employment, and probably agree with Lord Brougham in saying that "The best thing for the inside of a man is the outside of a horse." If any of our readers are interested in the subject they can obtain all further information respecting this valuable invention from Vigor & Co., Baker Street, W.

KING'S CORNFLOUR AND WHEATEN FOOD.

We have much pleasure in drawing the attention of our readers to the excellent preparations of farinaceous articles manufactured by the Albion Food Mills, of Sycamore Street, E.C. We have tried King's patent cooked oatmeal and malted wheaten food for invalids, and have found them both to be most valuable and most palatable preparations. The former is made by a new patent

[previous page](#)

[next page](#)