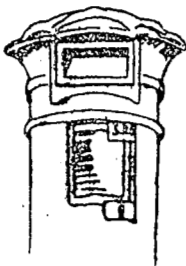


WHOLEMEAL BISCUITS.

We have had samples of the Wholemeal Biscuits and Bread prepared by John Clapp, of 90, Bishopsgate Street Without, submitted to us, and have much pleasure in expressing our satisfaction with both. Wholemeal is now a recognized article of an efficient dietary, seeing that it restores the outer husk of the grain which in white flour has been carefully removed, thus depriving the consumer of the phosphates and salts which are of such essential value to the organism, and which are so largely contained in the outer layers of the wheat. Unfortunately, however, chiefly through carelessness in the preparation, the public has not appreciated wholemeal food at its right value. To some extent, this has been justified by the fact that the hard, rough husk being left in the bread, has sometimes set up intestinal irritation, and thus harm rather than good has been done. In the manufactured articles produced by Mr. Clapp, this mistake has been carefully avoided, the flour being passed through a specially fine wire sieve and thus reduced to the finest powder. We feel, therefore, considerable confidence in recommending the bread and biscuits of this maker as they possess all the benefits and none of the drawbacks of ordinary wholemeal preparations.



Letters to the Editor.

(Notes, Queries, &c.)

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.

DO NURSES SMOKE CIGARETTES?

To the Editor of "The Nursing Record."

MADAM,—I read your note about Nurses in Burlesque with some indignation, having a daughter of my own who wishes to undergo a hospital training. On reading the letter of this week from a "Servant of the Sick," I was quite prepared to take the side of the Nurses and to declare that they have never brought discredit on their cloth by light or frivolous conduct. But, on Sunday afternoon, my ideals were shattered, and my castles came down many stories, when I saw a young woman in the full uniform of a well-known London Hospital—smoking a cigarette! She was reclining in the stern seat of a boat on the Thames: bonnetless, having evidently been using the sober and discreet head-gear of her Alma Mater as a fan, and, with a lighted cigarette between her lips, was laughing loudly and in concert with two young men in boating flannels. I have decided that my daughter shall *not* become a Nurse. It would be interesting if some of your readers will tell us whether they

have known of similar cases, and how far the "new woman" is going to ape the habits and the vices of the "old man."—Yours, "MATERFAMILIAS."

INDECENT NURSING BOOKS.

To the Editor of "The Nursing Record."

MADAM,—One often hears Nurses complain of the amount of "padding" in the form of moral maxims and goody-goody talk to be found in the pages of Nursing Manuals, and I am bound to say that this fault predominates in books written by my own sex, but I personally feel much forbearance with this little weakness when I contrast it with the strange attitude often assumed by men writers when they take upon themselves to issue a Nursing book for Nurses. I think I have come across every work of the kind in general circulation, but I cannot remember one in which the author fails to enjoin the Nurse to occasionally wash her hands, and also not to omit at intervals to change her underclothing. Such advice is not only impertinent, but from men to women is as indelicate, as it is uncalled for. My disgust on this matter has been carried beyond its usual limits by reading a book on Obstetric Nursing that is finding its way into English Medical Libraries. It is, of course, necessary in dealing with a subject of this nature to speak plainly and without much reticence, but no good purpose can be served by comparing or contrasting women in any condition of health with monkeys and "animals, such as a cow, elephant, and bitch" as do the authors of this handbook. And they are even more offensive in their references to Nurses. Some of these points it would be impossible for me to touch upon, but I cannot believe even on the authority of two Edinburgh doctors that Scotch-women, whether patients or Nurses, are utterly oblivious of the habits of cleanliness and decency general amongst all other people who have attained to the dignity of Clothes; nor can I believe that soap and water as a means of ablution are uncommon in Great Britain north of the Tweed. Were it not for these grave errors, the book in question would be a useful addition to Nursing literature, and I feel sure that if Nurses would make a stand against the circulation of such books, that an edition of this kind would be withdrawn, and would be re-issued in a form containing all that is instructive and suitable, and omitting the passages calculated to reflect contempt on Sick Women and their Nurses.—I am, your obedient servant,

HENRIETTA KENEALY.

Comments and Replies.

REPLIES.

We fear a wrong impression may have been given by a mistake made in one of our Foreign Letters, entitled "Nursing in Bombay," which appeared on April 21st. It should have been written, "The Sisters of All Saints have the principal nursing in Bombay, *not* the Sisters of St. John the Divine." There is no other Association in competition with them, and yet, although they muster about 15 private Nurses, which sounds very trifling after London, they are not always busy all the year round. This letter was written by an honoured correspondent, rather as a warning to young English Nurses not to flock out to India, imagining that they would find it an inexhaustible field of work.

Miss Amy Lonsdale, Nuneaton.—You will find all the necessary information in The Nurses' Directory, which can be procured at 376, Strand, W., price 5s. Be sure you enter a Hospital whose curriculum qualifies for Registration by the Royal British Nurses' Association—3 years in the Wards.

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