

exposed. But these, which are known as bi-valve specula (Fig. 1) are not much employed at the present

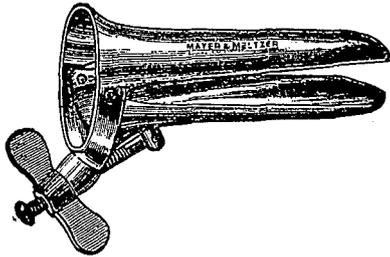


FIG. 1.

day. The simplest and the best specula are of two shapes, the "duck-bill" and the "cylindrical." The former (Fig. 2) is chiefly used in operations, in order to draw back the perinæum and the posterior wall of the vagina; the latter, of which the Fergusson

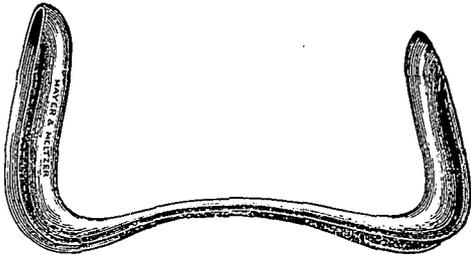


FIG. 2.

speculum (Fig. 3) is the type, consists of a hollow tube of glass or celluloid, coated inside with silvered glass, which thus reflects the necessary light for inspec-



FIG. 3.

tion. For all practical purposes, therefore, the Fergusson speculum is the one which the Nurse will most frequently, if not invariably, be called upon to use, and attention may, therefore, be confined to this. There are various sizes; the one chosen should be such as slightly to distend the vaginal walls, and thus permit any abrasion, or ulceration, of its surface to be observed. In all gynaecological treatment, the Nurse will find it better to place the patient in what is known as the Marion Sims position, that is to say, on her left side with the left arm behind the back, the body face downwards, and the knees drawn well up. If injections are to be used, it is also well to place a pillow covered with a waterproof and draw sheet underneath the hips, so as to tilt the body still lower than the pelvis.

(To be continued.)

Royal British Nurses' Association.

(Incorporated by Royal Charter.)



A MEETING of the Executive Committee was held at the offices of the Association on Friday, July the 6th, at 4.30 p.m., at which Her Royal Highness the President presided, deputing Mr. Pickering Pick to take the Chair in her absence. The following registered Nurses were elected members of the Corporation:—

Name.	Trained at
Gertrude Appleford	... St. John's House.
Louisa Bradshaw	... Adelaide Hospital, Dublin.
Edith Kingsley Corke	... St. Bartholomew's Hospital.
Emma Curtis	... St. George's Hospital.
Mary Duffus	... St. Bartholomew's Hospital. (Matron of St. Mary's Infirmary, Islington.)
Charlotte Flanagan	... Royal United Hospital, Bath.
Ada H. Garratt	... Royal Hants County Hospital.
Caroline Haslam	... Adelaide Hospital, Dublin. (Assistant Matron, General Hospital, Nottingham.)
Amanda Jones	... Royal Free Hospital (Gold Medal).
Sarah Gronow Ledyard	... Royal Infirmary, Derby.
Kate Ness	... King's College Hospital.
Annie S. Pruett	... Royal Infirmary, Glasgow.
Isabella A. Riddell	... St. George's Hospital.
Edith Sayers	... Radcliffe Infirmary, Oxon.
Annie Spooner	... Royal Free Hospital.
Mary Veal	... Kimberley Hospital. (Matron, Govt. Hospital, Vryburg, Brit. Bechuanaland.)
Emily M. Waind	... St. Bartholomew's Hospital. (Sister of Stanley Ward.)
Lily Warriner	... Royal Infirmary, Manchester.
Martha Webb	... St. Thomas's Hospital.
Jeannie Wheaton	... St. Bartholomew's Hospital.

On and after Monday, 16th July, 1894, tea can be provided for all members in the Nurses' club-room in these offices, at any time between the hours of 2 p.m. and 9 p.m., at very moderate charges, of which it is hoped members will take the very fullest advantage. Pot of tea, 2d.; tea and bread and butter, 3d.; boiled eggs, 2d. each; potted meat sandwiches, 2d. each; biscuits, 1d.

Members and their friends can obtain tickets, price 2s. return, for the annual meeting at Windsor, on the 25th inst., by applying at the office, 17, Old Cavendish Street, W., where information concerning the proceedings will also be given.

The attention of members is specially drawn to the following rule, which has evidently escaped the attention of many, who act in contravention thereto from ignorance, and not by any means wilful disregard of a rule to which they promise obedience when becoming members: "No member of the Corporation shall use, or authorise, or permit to be used, the fact that she is a member of the Royal British Nurses' Association in any public announcement or advertisement relating to any patent medicine, or any particular form of medical or nursing treatment, or any proprietary article of any kind or description, without the consent of the Executive in writing, and under the seal of the Corporation, to such use of the name of the Corporation."

Alice Ravenhill,
Secretary to the Corporation.

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