which are especially suited to Christmas presents, and which, both for excellence of design and of manufacture, and comparative cheapness of cost, cannot be excelled anywhere else in the metropolis. We understand that this firm took some excellent photographs of the various stalls at the recent Bazaar, together with the stall-holders, and that these are now on sale at their establishments at 174, Regent Street, and 326, Oxford Street, as well as in New Bond Street. Those members of the Association who desire to possess a very interesting souvenir of the recent Bazaar would therefore do well to inspect these presentments of what will, for long, be a memorable occasion in the history of the Association.

#### SILENT WARD SHOES.

Messrs. Pocock Bros., so well known in Hospital circles as the manufacturers of most excellent indiarubber, water and air beds, pillows and cushions, and various forms of waterproof sheeting, have now produced a shoe which we can specially recommend to Nurses, and which are sold under the above name. They are very strongly made, and at the same time are most comfortable. They fasten by a strap across the instep, and the heel has an india-rubber layer which makes the shoe invaluable for the ward or sick-room, in consequence of the silent foot-fall thus produced. Their price is extremely moderate, and they are so well made that they furnish that support to the arch of the foot of which all Nurses, especially in Hospital work, so well know the need and the benefit. The firm have branches in every part of London and the provinces, so that our readers would be easily able to obtain these goods, but if any of them have a difficulty in doing so, it will give us much pleasure to supply them with the name of the branch house of this firm in their neighbourhood.

## JOHANNIS WATER.

This has secured the reputation of being "The King of Natural Table Waters," and is undoubtedly the most agreeable natural water at present on the market. It mixes equally well with wine or milk, and we are informed by connoisseurs that it is the best diluent of whisky, and that, indeed, several of the leading spirit merchants recommend their customers to use this for the purpose in preference to any other water, as it enhances the flavour of the spirit with which it is mixed. Taken alone, it is one of the most agreeable beverages which can be imagined, and it formed a very marked feature at the Refreshment Stall of the recent Bazar of the Royal British Nurses' Association, because, thanks to the liberality of the Johannis Co., this was well supplied with this beverage, to the great satisfaction of the consumers and to the material advantage of the funds of the Bazaar.

### CHRISTY'S BREAD KNIVES.

One of the most popular inventions of the present day are these bread knives, of which a new form with a polished wood handle is now procurable. The

The Link Shell Truss Co., 171, Wardour Street, London, W., have a new truss, it is claimed that by this method of manufacture a truss is provided which will be more comfortable than the one in ordinary use and better able to adapt itself to the various movements of the body, especially if these are of a sudden character. The truss is fitted with a hip-joint regulator by means of which the pressure is increased or diminished as required and with a soft hollow shell pad perforated for ventilation. The Truss as thus completed is an efficient one.—Lancet, August 4th, 1804. ventilation. The August 4th, 1894.

cheaper forms possess smooth metal handles, and one and all are most useful in cutting thin bread and butter. The edge is shaped somewhat in the manner of a saw, and all who have used these knives are loud in their praises and their declaration that they will in future use no other kind. For ward work they will be found especially useful, and our readers in Hospitals will find them save much labour. They can be obtained from the Christy Knife Company, 46, Holborn Viaduct, E.C., or through any cutler. The prices vary from 2/6 to 3/6.

#### ANOTHER NURSES' SHOE.

Messrs. Dowie & Marshall, the well-known shoe-makers of 455, West Strand, have, like so many other manufacturers, turned their attention to the production of a special shoe for Nurses, and they have now prepared a shoe which combines comfort with economy and usefulness. It has very soft, easy upper leathers, stout soles for warmth—a precaution which is very necessary for women who have to stand and walk much on stone corridors-and india-rubber heels for silence, equally necessary for those whose work in Hospital wards or in the sick room of private houses. Any of our readers, desirous of further particulars, can obtain an illustrated catalogue by writing to the manufacturers.

# AN EXCELLENT CHRISTMAS PLUM PUDDING.

Take three-quarters of a pound of flour, two ounces of Borwick's Gold Medal baking powder, two ounces of bread crumbs, one-and-a-half pounds of suet, two pounds of raisins, one pound of currants, ten ounces of sugar, two ounces of almonds, one pound of mixed candied peel; salt and spice to taste; mixingredients well together, and add six eggs well beaten, and three-quarters of a pint of milk; divide in two, and boil eight hours. This receipt is unequalled.

# Letters to the Editor.

SHOULD NURSES BE POLITICAL?

To the Editor of "The Nursing Record."

DEAR MADAM,-It would do little credit to our hearts if Dear Madam,—It would do little credit to our hearts if we did not thoroughly enter into the spirit of Mrs. Wynford Philipps's inspiriting letter of last week. But if, as a class, we are apathetic and slow to take up new ideas and doctrines — I am loath to confess it, but I fear this is the characteristic of Nurses generaly—I do not think that we are altogether to blame. If we could only hope for an eight hours day, what should we do with our leisure! And, Mrs. Editor, do you not think it would be a great impetus to our political education if the Service Franchise, as I think it is called, were given to our Matrons? The world of Politics would then be brought very closely before us; and, of course, we should regard it as a matter of honour to be interested in the public questions that interested the Matron. Mrs. Philipps, perhaps, questions that interested the Matron. Mrs. Philipps, perhaps, scarcely realises what it takes out of a woman to work the hours we do. Tired and depressed, our first thought when off duty is rest. Under such conditions I hope we shall not be severely criticised by cultured women with leisure, if we do not fly to acquaint ourselves with problems that are agitating the public mind, Of course, I understand, from Mrs. Philipps's letter, that she would have us first imbued with a spirit that is ready to be interested in questions that

Reduction of Munson Typewriter prices from £21 to £12 12s., our Odell Typewriter reduced to 63s., particulars of both free.—LINK. SHELL TRUSS Co., Surgical Instrument Makers.

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