

and that we shall find the matter dealt with in the forthcoming Journal of our Association, I am, yours, &c.,
 CHARLOTTE OKELL, Registered Nurse,
 Matron of the Bridgewater Infirmary.

Nursing Echoes.

* * *All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, W.*



WE would specially draw the attention of our readers this week to the letter which appears in the "Matrons in Council" column. Mrs. Okell has, we feel sure, expressed the feelings of many members of the Royal British Nurses' Association, when she expresses a hope that the matter of the institution of an unprofessional Nursing Directory will be

strongly dealt with in the forthcoming issue of the organ of the Association, the *Nurses' Journal*.

We intend to deal at some length with the subject next week, and meanwhile would remind those Nurses registered by their professional Registration Board, to give their qualifications every prominence in their professional work. For the future the title "Registered Nurse" will doubtless be adopted, in distinction to that of "Burdettite Nurse," that is to say, if Nurses are to be found sufficiently ignorant, and so lacking in *esprit de corps*, as to place their names on such a list as that proposed.

At the meeting held at the Mansion House last week, at which H.R.H. the Duke of Connaught was present, in aid of the Appeal for £100,000 for St. Thomas's Hospital, the following characteristic letter from Miss Florence Nightingale was read:—

"We appeal to the public to support St. Thomas's because we believe it to be a thoroughly good hospital. What do we mean by a good hospital? It is distinguished by a high tone of morals, by admirable organisation, by the wise and liberal devotion of the doctors; it is a place where any good mother of any class might be glad to see her daughter on the nursing staff, such it must be to be a good training school, whether for nurses or medical students; a place where the essentials of good teaching and good practice exist. Add to this, where the shape and construction of the wards admit of windows on both sides, and are such that one sister can overlook the whole. All this we find at St. Thomas's. May I be allowed to express my sense of the great help afforded to this Nursing Movement, at first far from being generally understood or approved by the outside public, by

the willing and enlightened support of the Governors, of the medical, surgical, and lay staff of St. Thomas's Hospital? That the sick poor should be deprived of the invaluable benefits intended for them by the enforced idleness, so to say, of so many beds now vacant must be a cause of extreme regret to all who are acquainted with the excellent management and organisation of the Hospital, lay, medical, and nursing. All success attend you. I beg to give £100, wishing I could afford ten times more."

Messrs. Barclay & Perkins have contributed £1,000 towards the funds, and the Duke of Devonshire £100.

THE monthly evening lecture of the Royal British Nurses' Association was delivered last Friday by Dr. Bezly Thorne. The chair was taken by Mr. John Langton, and among the forty-four persons present there was a large proportion of visitors. Taking as his subject "The Physical Treatment of Heart Disease," the lecturer said he had a "gospel of salvation" to offer; but he disclaimed all credit for the discovery, as this was entirely due to two German doctors who practised at Frankfort—Auguste and Theodore Schott. The treatment, which though apparently simple, required more care, observation and attention than might at first seem necessary, consisted of a series of physical movements or exercises; and of baths administered under certain conditions, as to volume, temperature, salinity. At the conclusion of the lecture Dr. Thorne called upon one of his Nurses, Miss Norton, to give a practical demonstration of the movements. After a number of questions had been answered, the meeting concluded with a vote of thanks to the lecturer.

THE Stirling Nursing Association, in connection with the Q.V.J.I.N. Scottish Branch, was established three and a-half years ago. It has made steady progress, the number of cases for treatment this year having largely increased. The lady office-bearers and committee, feeling the work was too arduous for one Nurse, after mature consideration, in October of last year, made application for a second Nurse to the Trinity House in Edinburgh. Accordingly Nurse Beaumont was engaged to work in Stirling, under Miss Keay, for at least six months, her salary and allowances being the same as Nurse Keay's. At present the number of cases on the register amounts to thirty-five under daily care.

It is reported, and if true we beg to congratulate the Nursing Staff of the Lewisham Union Infirmary upon their courage and loyalty, that they have addressed a statement to the President of the Local Government Board, expressing their pleasure at the re-instatement of the Matron

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