

who have the galvanic current applied to the muscles so as to strengthen them, and who have large quantities of meat and milk administered at frequent intervals night and day. This patient was really ill, and half the cure was effected by removing her from very unhappy home surroundings. Then she was allowed to choose her own diet as soon as we persuaded her that she could eat without pain or sickness. As a rule, the regular massage and frequent feeding is quite sufficient in most cases of simple, though extreme, Nerve Exhaustion.

### Matrons in Council.

IN future any special information regarding the Matrons' Council which it is thought necessary to bring to the notice of Members will appear in the current number of the NURSING RECORD.

Classes on the method of procedure of business at meetings are being formed, the dates of which when fixed will be announced in the NURSING RECORD.

Members or Associates who desire to join these classes should send their names to the Hon. Secretary, Mrs. Andrews, 22, Cheyne Gardens, Chelsea, S.W.

### Royal British Nurses' Association.

(Incorporated by Royal Charter.)

STEADFAST & TRUE.



A MEETING of the Registration Board was held at the Offices on Friday Feb. 22nd, at 5 p.m., Miss Thorold, Vice-Chairman, in the chair, when fifteen applications for registration were considered, and the following Nurses were accepted and their names duly enrolled in the Register.

Name	Trained at
Alder, Muriel A.	... Royal Infirmary, Bristol (cert.).
Clarke, Beatrice	... University College Hospital.
Hawes, Minnie...	... St. Bartholomew's Hospital (cert.).
Crother, Nancy ...	... Charing Cross Hospital.
Oldfield, Alice H.	... St. Bartholomew's Hospital (cert.).
Simmons, Louisa	... St. Bartholomew's Hospital.
Walker, Georgina	... Metropolitan Hospital.
Tate, Geraldine...	... Lond. Homœopathic Hosp. (cert.)
Smith, Lucy (Matron) ...	... Rochdale Fever Hospital.
Thomson, Annie	... Alfred Hospital, Melbourne (cert.).
Hyde, Elizabeth (Matron)	... Yeovil District Hospital.
Hall, Frances M.	... St. George's Hospital (cert.).
Smith, Anne ...	... St. George's Hospital (cert.).

We are glad to announce that Miss Henrietta C. Poole, M.R.B.N.A. and Registered Nurse, has been appointed Matron to the Infirmary, Blackburn. Miss Poole was, according to *The Nursing Directory*, trained and certificated at St. Bartholomew's Hospital from 1885-88, when she was appointed Superintendent

of Nurses at the Adelaide Hospital, Dublin, which post she held with great advantage to the institution until 1894. There were eighty-one applicants, and we congratulate the Committee upon their selection. Miss Poole is the daughter of a clerical fellow and tutor of the University of Trinity College, Dublin, in which city she was born. She wrote to us some time ago: "I received a good private education, spending two years of my girlhood abroad with my family in France and Switzerland. I had the advantage of being brought up in a practical manner by a mother who considered her daughters should know how to cook, to make their own dresses, and to manage their money as well as to speak French and German and to know something of music and painting," (for the latter Miss Poole has considerable talent, and at one time her parents were anxious she should make it her profession), but, she writes, "it lacked the *human* interest, without which I could not work. I never remember a time when I would not readily have given up any amusement for any Nursing with which I might be entrusted; but it was reading the life of Agnes Jones which eventually fixed my mind on Nursing as a profession.

My choice fell on St. Thomas'—influenced again by the fact that Agnes Jones was trained there. Just after filling in my papers I found I could not obtain my parents' permission to leave home, and for seven years my wish to become a Nurse had to be put aside. During this interval I did some district visiting (a good way to learn one's ignorance), also I became a regular visitor at one of our city Hospitals where my love for the work was strengthened. At the end of the seven years the permission I had waited for was offered me to try the work, provided I would not bind myself, my friends being sure that at the end of three months I should be more than ready to return home. My friendship with the Matron of the Hospital where I was visitor, and my admiration for her work, led me to choose the school where she was trained; and in May, 1885, I became a probationer at St. Bartholomew's Hospital, London. Here I spent three years of hard work, but of such happiness that I could find it in my heart to begin all over again, feeling sure that I would make much better use of the opportunities offered me, since I know more of the difficulties which arise when one has to teach and train others. My original intention had been to take up district work in Dublin, and I thought after I got my certificate to get a post connected with the Queen's Jubilee Nursing, but matters were not ordered so. A change in the management of the Adelaide Hospital, Dublin, had resulted in the creation of a Matron and a Superintendent of Nurses, the post being held by different persons; to the latter of these posts, I was, to my surprise appointed, while Miss Gertrude Knight (another St. Bartholomew's Nurse) was made Matron. For four years I had the advantage of her advice and assistance, and, to everyone's surprise, it was proved that it was possible for two women, equally heads of departments, to carry on their work in harmony."

Miss Adelaide Row, Registered Nurse, will leave Norwich and take up her duties as Lady Superintendent of the Shadwell Children's Hospital about the 18th of March. Fellow Members will welcome her back to London.

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