eczema carry off their victims wholesale. The only way to combat all this disease is a hospital, as it is nearly impossible to treat an Indian patient while he is living with his tribe, as he will not take the medicine prescribed, or even if taken, takes it so irregularly that it fails of its effect. The superstitions and traditions of the race lead them to the belief that a "medicine man" has no skill unless he can look at them and on the spot prescribe one dose which will instantaneously remove all their symptoms. So, unless the most heroic effect is at once produced by a drug, they refuse, not only to believe in its efficacy, but to take it at all! The practice of surgery is rendered a practical impossibility through the fear of the knife which all Indians have. The only practical plan while such superstitions and ignorance prevail, is for the physician to prescribe a drug and actually

physician to prescribe a drug and actually administer it on the spot. The diseases and deaths among the Alaskan Indians have reached so serious a point as to call for some organised hospital scheme, not only to alleviate the terrible sufferings among the people, but to prevent the extinction of the race.

Inventions, Preparations, &c.

MASON'S EXTRACT OF HERBS.

A TEMPERANCE drink which is finding increasing favour in all parts of the country is known by the above name. It is composed of a concentrated extract made from yarrow, dandelion, comfrey and horehound herbs, and makes a most excellent and invigorating but non-alcoholic and therefore non-intoxicating beverage which has much the same flavour, colour and frothiness as bottled ale. It has been very carefully analysed by experts, and is certified to be free from alcohol, while medical men have expressed their approval of it as an agreeable tonic and liver stimulant. The method of preparing the beer is apparently very simple, and consists practically of the addition of two tablespoonfuls of the extract to $I\frac{1}{2}$ lbs. of Demerara sugar, two gallons of water and an ounce of . German yeast. As it is stated that a sixpenny bottle of the Extract is sufficient to make eight gallons of excellent Botanic beer, the cause of temperance will not be retarded by the expense of this substitute for alcoholic liquids. It can be obtained through any grocer or direct from the manufacturers, Messrs. Newball & Mason, of Nottingham.

Outside the Gates.

WOMEN.

THE GERMAN NATIONAL COUNCIL OF WOMEN.



IN the month of April, 1895, the first meeting of the German National Council for Women since its foundation in 1894, was held at Munich. About 60 Vereine (societies) are now affiliated to this Council; it represents

nearly 35,000 members. These societies have different lines of work; they represent partly charitable objects, partly the pro-fessions in which women are engaged. Few societies represent the modern standpoint of social reforms. Amongst these, I owever, we have to mention first of all the largest organisation, called "*Hilfverein* of Berlin;" it has 7,000 members, mostly shop-girls; then there are the different societies called Frauenwohl, their headquarters are in Berlin ; and the Verein Zugendschutz, which works for social purity.

It was soon seen at Munich that the societies working on more modern lines wish to make the so-called Frauenbewegung more progressive, and want to initiate other organisations than the merely charitable or professional societies. The Radicals, if we may say so, desire to work not only for their cocieties but also to advance what we would tend to societies, but also to advance whatever would tend to raise the whole social position of women in Germany. For that reason they made various propositions to work for: (1) social purity; (2) temperance; (3) to obtain alterations in various laws which will come before the Reichstag next session. The National Council resolved to prepare and present petitions relating to all these matters during next autumn; in the meanwhile all the societies have to work in their own circles to arouse public interest in their proposals. Some of the societies were requested to publish their reports and their investigations in the form of pamphlets, and some of these have now appeared.

Berlin, August, 1895.

THE following programme, subject to correction, has been issued by the National Union of Women Workers, which is to take place at Nottingham from October 21st to 25th :-

FIRST DAY .- TUESDAY, OCTOBER 22nd.

8.0 and 9.30 .- Services in Churches and Chapels.

FORENOON - The Lady Laura Ridding presiding.

10.30 to 1.0.—Address of Welcome: The Lady Laura Ridding, President of the Local Union of Workers. Technical Classes under the County Councils: Papers by Miss Pycroft, London, and Miss Florence Baddeley, Gloucester; Discussion introduced by Miss Parker and Dr. K. M. Hunter, London.

Mrs. Creighton presiding. AFTERNOON 2.30 to 4.30.—State Regulations affecting Women's Work : Papers by Miss Sidney Webb, London, and Miss Gould, London; Discussion introduced by Mrs. Amie Hicks, London, and Mrs. A. II. Bright, Liverpool.



