### REPLIES TO CORRESPONDENTS.

Miss Mary Spanton, Manchester.—Write to Miss Wood-cock, Holland Institute, 11, Rue Paganini, Montée de la Gare, Nice, France. It is wiser to be attached to an Insti-tute than to try and work on your own account, unless you have a connection of your own amongst medical men resident

have a connection of your own amongst medical men resident in the South of France. *Miss Pring.*—From your statement that you have been kept on night duly nearly a year we should be inclined to agree with your remark "that the rules and regulations of the Hospital in which you are working need remodelling." We recently had a case before us of a young Nurse who, during her training, was kept for fourteen successive months on night work, this resulting in purulent ophthalmia and a general break-down. The attention of the Committee being called to the fact, the system was altered, and it is now im-possible for such a thing to recur in the large Training School in question. Our advice is that you should go to the Matron and represent to her that so much night work is injuring your health and spirits. We feel sure that she will act in a spirit of kindness and justice. *Sister Ruth.*—You could hardly do better with your holi-day than to undertake a sea-voyage under the Co-operative.

Sister Ruth.—You could hardly do better with your holi-day than to undertake a sea-voyage under the Co-operative. Travel System. Everyone speaks highly of Mr. Woolrych Perowne's trips, which are enjoyable and pleasant without being extravagant luxuries. We know a Nurse now who is on the "high seas," taking a Baltic cruise which includes St. Petersburg, Copenhagen, and many other delightful cities of the North. She speaks very highly of the arrange-ments made by Mr. Perowne for her and her fellow voyagers' health and comfort. And it seems to us, after the hard work you have gone through that you could not do better work you have gone through that you could not do better than go on a similar excursion.

## NOTICE !

Owing to complaints having been received from our Readers that they are unable to get the NURSING RECORD in some Districts, we append a list of Booksellers from whom the journal can be obtained :--

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JOHN HEYWOOD, Deansgate.

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Mrs. Robertson .- Many thanks for your interesting letter. We shall be very glad to hear further on a subject so important to the Nursing world. Miss Hatton.—From the number of letters we receive on

the subject, it would seem that there is a strong desire on the part of many Nurses to drift towards South Africa. We should advise you, as we always do advise Nurses who desire to go abroad, to make careful enquiries, and not to go to any

to go abroad, to make careful enquiries, and not to go to any colony, unless they have a position to go to. Even if the position be not a very flourishing one it is a safeguard and a starting point, and saves them much anxiety and worry. *Miss M., Blackheath.*—The Prizes are offered for original news in the shape of a written communication, not for clippings from newspapers of which we receive more than a hundred every week from all parts of the world. *Miss Clark, Surbiton.*—Many thanks. You should get the "Nursing Directory" (price 5s.), and the "Lectures on Fever Nursing," by Miss Harris (price 1s. 2d.), from the offices of this journal. They would give you all the infor-mation you wish for on both subjects.

### LETTERS RECEIVED.

- Miss Anderson, Edinburgh. Miss Allison, Peter-А. borough.
- Miss Booker, Sussex. R.
- c.
- N.
- Miss Booker, Sussex. Nurse Carter, Johannesburg. Miss Hatton, Leicester. Mrs. Herbert, Leith. Miss Nasmyth, London. Miss Nelson, Belfast. Miss Pring, Yorkshire. Mrs. Potter, Redcar. Sister Ruth, Newcastle-on-Tyne. Mrs. Robertson, Р. R.
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