various matters at the London Hospital. It is therefore an especial pleasure to draw attention to the fact that in some ways this hospital is now the most progressive of any in London. It has its own Preliminary Training School, an achievement as yet attained by no other hospital, and its nurses also have systematic instruction in sick room cookery. The demonstration lessons in cookery are given by one of the Sisters in courses of twelve. Her pupils (ten in a class) afterwards attend in the kitchen specially allotted for this purpose, and prepare the dishes themselves, under the supervision of the Sister. They are also required to "clear up" everything that they have used, and to leave their kitchen quite tidy. The bright little kitchen is quite a hive of industry. There are two long quite a hive of industry. There are two long scrubbed tables at which the nurses work, and between the two stands the Sister, so that she is able thoroughly to control the work of all her pupils. Dishes of stewed tripe, with little sippets of toast, rissoles rolled in bread crumbs, and jelly, cleared by being passed through a flannel bag, are samples of some of the dishes prepared by the uurses. No doubt they are appreciated afterwards by the patients. The nurses appear thoroughly to enjoy their work, though even a casual observer can see that some of them have more natural aptitude for it than others, who appear to be what is known to cooks as "heavy handed." The instruction received in the much-neglected art of cookery during their probationary days cannot fail to be of the greatest possible value to the nurses in after life, especially to those who devote themselves to private nursing or to work abroad.

THE NEW NURSES' HOME.

The new Nurses' Home at the London is well appointed, and a much-needed addition to the Each nurse has a separate room allotted to her, which is cosy, and comfortably turnished. It seems a pity, however, that there should be no fireplaces in any of the rooms, and the Sisters' quarters appear rather small. In connection with the Home is a sick room, virtually a ward, where the nurses who are on the sick list are cared for. It is very bright with plants and flowers, and a pleasant place in which to be ill. On the occasion of a visit from the representative of the Nursing Record, all the sick nurses (eight in number) appeared to be in the best of spirits. The beds are covered by eider-down quilts, and their uniform appearance, seems to indicate that they are provided by the hospital. The bed jackets are evidently the property of the wearers, and "confections" of pale blue flannel, with lace frills and kindred vanities, dear to the heart of the invalid nurse all the world over, were in evidence.

Reflections
From a Board Room Mirror



THE Princess of Wales has consented to become patroness of the National Free Home for the Dying at Clapham, of which the Duchess of Sutherland is President and the Bishop of Rochester patron.

At a meeting of the Board of Delegates of the Hospital Saturday Fund, held at the Central Offices, Farringdon Road, on Saturday, Mr.

R. B. D. Acland presiding, it was unanimously resolved that a sum of £18,018 17s. od. be divided among the 177 participating Institutions, as follows, viz.:—33 General Hospitals, £6,661 5s. od.; 64 Special Hospitals, £6,218 14s. od.; 37 Dispensaries, £982 19s. od.; 20 Convalescent Homes, £1,662 15s. od.; 23 Miscellaneous Institutions (including Distribution and Surgical Appliance Committees, also Institutions for the Gratuitous Nursing of the Sick Poor in their own homes), £2,493 4s. od. The total receipts for the past year were £21,354. The awards were more than those of 1895 by £368.

The Mercers' Company have granted £1,000, the Skinners' Company £100 for three years, the Governors of the Bank of England £100, the Salters' Company 25 guineas, the Girdlers' Company 25 guineas, the Vintners' Company 20 guineas, and the Borderers' Company 10 guineas to the special appeal fund of £100,000 now being raised on behalf of Charing Cross Hospital.

At a meeting held on Monday, of the General Committee of the new General Hospital at Birmingham, it was stated that the Queen had expressed her inability to visit Birmingham to open the Hospital, but had deputed Princess Christian to open the building on her behalf. The new hospital will be completed in June, and according to present arrangements, the opening will take place in that month. The Committee are about to invoke the aid of the public in raising the necessary amount to enable the hospital to be opened free from debt. It is estimated that from £40,000 to £45,000 will be needed. Mr. J. C. Holder has intimated his desire to head this, the sixth subscription list, with a further donation on his part of £5,000.

At the annual meeting of the subscribers to the Liverpool Northern Hospital, the secretary stated that Mr. Levy, the chairman of the David Lewis Trust, had authorised him to say that the trustees had decided to give another £20,000 towards the rebuilding of the Hospital, thus raising their generous gift to £80,000.

It has been suggested that a committee of equal numbers from the Corporation of Manchester and the Royal Infirmary Board shall be appointed to discuss the question of the re-building of the Infirmary on its present site. This might be a wise step to take, as so much difference of opinion exists amongst the citizens of Manchester.

M. B.

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