

two or three months' hospital training, or has been picked up haphazard at the expense of their patients. It is undoubtedly the case that the strides which nursing, as a profession, has made, are a result of the better education and higher training of the best of its members, and if the ranks could be swept of those who bring discredit on the work of nursing, there will be greater progress still, for the public will gain confidence when they find they get what they ask for, viz., a properly-qualified nurse.

(2) Another point where the public will benefit by registration is that with it will come professional control and discipline. At present any woman, however ignorant, can term herself a trained nurse, and any trained nurse can go on practising, however bad her previous record may be, or however untrustworthy she may have been proved over and over again. For the protection of the public, therefore, it is necessary that there should be some means of excluding such persons from the recognised ranks of the calling, and this can only be brought about by legal powers of control, over education and discipline, being conferred by Act of Parliament.

II.—How would you give a vapour bath?

To give a vapour bath in bed the patient's clothing must be removed, and he must be enveloped in flannel, and laid on a blanket. A cradle is placed over the body, and blankets arranged to cover him completely, being well tucked in round the neck. The steam is introduced at the foot of the bed above the level of the body by means of a kettle with a long tube. A thermometer is suspended inside the cradle and the temperature should range from 100° to 110°. From twenty minutes to half an hour is the usual length of time for the bath, which can also be given in a sitting position, a cane-bottomed chair being used, with a spirit lamp placed underneath, with an open kettle. A blanket is arranged to cover the patient from the neck, and to surround the chairs at the same time.

We have also pleasure in commending the replies sent in by Miss M. P. Leonard, St. Mary's, Fletching, and Miss Lucy C. Cooper, the Infirmary, Brighton.

None of our correspondents mention that *two* cradles are essential in giving a vapour bath, or that the mattress should be protected by a long mackintosh. This is important, as if the mackintosh is not used the patient will probably be left in a damp bed. Hot drinks given while the patient is in the vapour bath will help to increase the action of the skin. Cloths wrung out in cold water should also be applied to the head.

Co-operation at Home and Abroad.

(Continued from page 148.)

VI.—MEMBERSHIP.

Sec. 1.—Active members shall be duly elected delegates from Alumnæ Associations, shall be entitled to vote at the annual meetings, shall be eligible for office, and shall have the right of debate.

Sec. 2.—Each Alumnæ Association shall have the privilege of sending to the annual meetings of this Association one delegate for every fifty of its members, and Alumnæ Associations of less than fifty members may send one delegate.

Sec. 3.—Associations with large membership may send delegates with power to vote by proxy, such delegates to bear credentials showing the number of votes to which their Association is entitled.

Sec. 4.—Alumnæ Associations shall notify the secretary of the Association of its number of delegates, who will be present at the annual meeting, at least one month prior to the annual meeting.

Sec. 5.—Permanent members shall bring credentials from their Alumnæ Associations to the annual meeting. They shall be entitled to attend all general sessions of the annual meeting and to participate in debate on professional and ethical subjects. They shall continue in those privileges so long as they remain in good standing with their Alumnæ. They shall not be entitled to vote, but they shall be eligible to re-election as officers or delegates at any time.

Sec. 6.—Honorary Members.—The names of such proposed members shall be presented at the close of the first session of any annual meeting and shall be voted upon at the beginning of the closing session of the same. A unanimous vote of the members present shall be required to elect. Honorary members shall be entitled to attend all general sessions of the annual meeting, and to participate in debates on professional and ethical subjects. They shall have no votes.

Sec. 7.—Members of Alumnæ Associations belonging to this Association may attend all general sessions of the annual meeting, but shall not be entitled to the privilege of vote or debate. They shall present a card of admission signed by the president of the Alumnæ Association to which they belong or by the director of the State or Provincial Association with which they have united.

VII.—STATE AND PROVINCIAL ASSOCIATIONS.

Sec. 1. When a State or Provincial Association shall have been formed its secretary shall send a copy of its constitution and bye-laws with the names of its officers and members to

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