

Professional Review.

CHAVASSE'S "ADVICE TO A MOTHER."

We have received from Messrs. J. & A. Churchill, of 7, Great Marlborough Street, a copy of the new edition of Chavasse's "Advice to a Mother" on the management of her children. The fact that this work has now reached its two hundred and fortieth thousandth issue is sufficient evidence of its popularity. It has been now found necessary to publish a new edition, and as the author is no longer living, the revision of the volume has been entrusted by the publishers to Dr. George Carpenter, who has found it necessary to re-write a considerable portion of the book in order to bring it into conformity with modern standards and knowledge.

ARRANGEMENT OF THE WORK.

The book is divided into four sections. Infancy, Childhood, Boyhood and Girlhood, and the Appendix containing some simple prescriptions. The work is arranged in the form of questions and answers, presumably between the mother and the doctor.

INFANCY.

The first section deals with the care of infants and with all the emergencies with which a mother is likely to meet. The way to wash an infant is explained in detail, and advice as to the natural and artificial methods is given. The chemical analysis of human milk, and of cow's milk is also given, so that the mother is able to estimate the difference in the composition of the latter from the infant's natural food, and the necessary amount of dilution required to make cow's milk a suitable food for newly-born children. Vaccination, exercise, sleep, ailments, and disease, are also dealt with.

CHILDHOOD AND YOUTH.

Under these headings much useful advice is given as to ablution, clothing, diet, exercise, amusements, education, and the diseases of childhood; also the first aid to be rendered in cases of accident until a medical man arrives.

PRESCRIPTIONS.

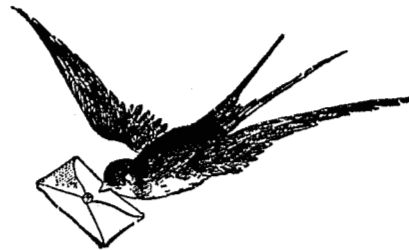
The prescriptions which were formerly embodied in the work are now placed as an appendix at the end. This we think is a wise measure, as it is a mistake for the laity to think that by following a popular text book, however valuable it may be in its place, that they can take upon themselves the responsible duty of prescribing drugs. Dr. Carpenter clearly states that these prescriptions are given only as a help in case of sudden emergency, and that their indiscriminate use is likely to lull a mother into false security.

EMPLOYMENT OF WOMEN.

A Conference will be held at Wimborne House, 22, Arlington Street, by permission of Lady Wimborne, on Friday, 20th inst., at 3.30 p.m., under the auspices of the Central Bureau for the Employment of Women, when questions connected with the position of women in the labour market will be discussed. The Right Hon. James Bryce, M.P., will take the chair; Sir Walter Besant, Sir Robert Giffen, K.C.B., Mrs. Creighton, and Mrs. Bryant, D.Sc., will address the gathering. Applications for tickets may be made to the Hon. Secretary, at the office of the Central Bureau, 60, Chancery Lane, W.C.

Our American Letter.

BY OUR SPECIAL CORRESPONDENT.



THE Trained Nurses' Educational Exhibit in connection with the International Health Exposition in New York City was formally opened on Monday

evening, April 25th. The exhibit is held in the building rather floridly called "Grand Central Palace," which is not a palace at all, but a place of moderate size, conveniently situated. Truth compels the statement that the "International Health Exposition," on the opening evening at all events, was little more than an advertisement of various commercial enterprises; displays of new soaps, mineral waters, refrigerators and water filters; but the Nurses' Exhibit is of great interest, exceedingly well thought out, and arranged with a perfection of detail and largeness of plan most creditable to the managers and to the alumnae associations who have done the work. It is without a doubt *the* feature of the whole Exposition, and is well worth a visit. By far the largest part of the space taken is filled by New York City schools. Some few outside hospitals have sent exhibits, and quite a large number have sent dolls showing their uniforms.

The New York Hospital has a double booth showing two bed rooms, one, the old style under the control of a "Sairey Gamp," and the other, the modern sick room, in charge of a trained nurse. They present an exceedingly instructive contrast. The former style has an old-fashioned bed with posters hung with red curtains, looped apart to show the patient in a dishevelled heap of pillows without linen covers, old shawls, blankets, and lumpy mattress. The mantel is covered with a repulsive array of medicine bottles, ointment boxes, papers, and miscellaneous litter. Drawn up beside the bed is a large comfortable chair wherein reposes the life size figure of "Sairey" wrapped up in shawls and with a nightcap on her head. On the dingy table by her side is another collection of untidy rubbish, and her teapot stands on the hearth. The modern room is a vision of refined simplicity, white and brass bed, shining floor and dainty mull curtains, with one or two pictures, a spray of roses, and the patient's bedside table, in form and color a joy to the eye, drawn up beside the bed with a flower, a glass of crushed ice, and one or two dainty trifles on it. At the back, through an open door half hidden by a screen, is the ante-room where the appurtenances are kept—a clean white covered table with medicines, glasses, and all the other etceteras ranged upon it. The nurse, in cap, gown, and white kerchief, moving quietly about, completes the picture.

The Bellevue nurses also have a double booth, showing a private house bed-room, fitted up according to the luxurious ideas of modern wealth, and the same room as it looks when, dismantled of its silk curtains,

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