

Notice.

For the future, copies of the NURSING RECORD will be on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Country Matron.—We are quite of your opinion. We have received many other letters expressing the same views.

Cyclist, Birmingham.—In last week's NURSING RECORD we gave a description of the Constra Cycle Saddle, which appears as if it should be most comfortable. It is quite different from any saddle which we have yet seen. The price is 25s., and it may be had for a week on trial, from the Constra Cycle Saddle Company, 47, Cannon Street, E.C.

Private Nurse, Boston.—In the early morning hours, a cup of tea, if permitted, is often a great refreshment to a wakeful patient, and often some good sleep is obtained after it; but tea should never be given to an invalid in the evening.

Mrs. E. P., Nottingham.—Obtain the Nursing Directory, price 5s., from the office of the NURSING RECORD, 11, Adam Street, Strand. This will give you much valuable information with regard to both London and country training schools.

Pupil Midwife.—The uses of the amniotic fluid are: to preserve the foetus from external violence, as well as from the direct pressure of abnormal uterine contraction during utero-gestation. To allow some degree of movement to the foetus. To preserve an equable temperature. During labour, to form an elastic wedge for the dilation of the os

uteri. The uses of ergot are: In the first or second stage under medical advice, in cases of uterine inertia, to cause uterine contraction, and to hasten labour. In the third stage, to assist the expulsion of the placenta and membranes by exciting uterine contraction. After labour is over, to arrest or prevent post-partum hæmorrhage, by closing the os uteri and the uterine sinuses. The dangers are: In the first stage, it may cause too early rupture of the membranes. In the second stage, it may cause the death of the foetus from the violent and irregular contractions of the uterus upon it, hence asphyxia. It may also, in this stage, cause rupture of the uterus, if there be any impediment to delivery on the part of the mother or child. In the third stage, it may cause hour-glass contraction.

Nurse P., Liverpool.—It is the duty of every trained nurse to acquaint herself with Nursing politics. Only by studying the questions which affect her profession can she hope to become an intelligent and useful member of it.

Miss E. M. Fulham.—You will not be losing time if you study elementary physiology and anatomy, obtain a thorough knowledge of practical housekeeping, and study the science of cookery. The knowledge you will acquire will be of the greatest possible use to you when you enter upon your hospital career.

Probationer, Bristol.—Hæmorrhage is known by different names, according to the part of the body affected. Thus epistaxis, when it is from the nose, hæmoptysis from the lungs, hæmatemesis from the stomach, menorrhagia from the uterus, hæmaturia, or hæmoglobinuria from the kidneys, and so on. A person is said to have a hæmorrhagic diathesis or hæmophilia when he bleeds on the slightest provocation. For instance, such a patient will probably almost bleed to death if a tooth be drawn, and bleeds profusely on the smallest scratch or prick. The disease is hereditary, and is more common amongst males than females.

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