

## Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269 Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

## Comments and Replies.

*Mrs. Rogers, Leamington.*—We should advise you to consult the Nursing Directory, published at the offices of the NURSING RECORD, 11, Adam Street, Strand. The new directory for 1899 will shortly be issued.

*A Cosmopolitan Nurse.*—It is often very difficult to know how to obtain a change of air for a patient in a tropical country, and, where there are no hills to which he can be sent, the only possibility is a sea voyage, but it must be remembered that even under the happiest conditions there is much discomfort for an invalid at sea, and no one seriously ill should ever be sent on a voyage without being accompanied by a nurse. It is one of the saddest things possible to see a sick man, or woman, deprived of the comforts which are possible on shore, and dependent for necessary care on the casual attention of busy stewards and stewardesses.

*Miss Robinson, Exeter.*—There is a very widespread feeling that a course of preliminary training is a most desirable, if not necessary, introduction to a hospital career. No doubt, sooner or later it will be the invariable rule. At present, the only institutions in Great Britain which give this preliminary training are the London Hospital, Whitechapel, and the Royal Infirmary, Glasgow.

*Inquirer, Leeds.*—It is very desirable before beginning a hospital career to obtain a thorough knowledge of the housekeeping of large institutions, and to obtain a certificate of efficiency in such knowledge. Such a certificate would be of material assistance later in obtaining a position of responsibility. It often happens that a candidate for a Matron's post possesses excellent qualifications as regards her nursing capacity, but can produce no evidence of knowledge of housekeeping, and yet it is an important part of a Matron's duty to supervise the housekeeping department, and to keep a check upon the expenses.

*Private Nurse.*—You cannot do better than obtain the "Century Invalid Cookery Book," by Mary A. Boland, published by Messrs. T. Fisher Unwin, Paternoster Square. It contains many excellent recipes which you will find most useful, as well as valuable information as to the preparation of food. The good recovery of a patient often depends without doubt upon the skill of his nurse in presenting him with nutritious and suitable food in a pleasant and attractive form.

*New Matron.*—The simpler a uniform is the better in our opinion. A plain black dress for a Matron, well made, but with no attempt at following prevailing fashions, neat collar and cuffs, and a becoming cap, which must always be daintily fresh, is the most suitable costume. For special occasions we like a perfectly plain black silk. Jewellery is always in bad taste with uniform, and a Matron who wishes to set a good example to her nurses will always avoid it. Washing dresses are of course necessary if you undertake operation work. In this case a white dress, with sleeves ending just below the elbow, is best.

## NOTICE.

A Postal Order for 6/6

ENSURES THE DELIVERY EACH WEEK OF

## The Nursing Record

To any part of the United Kingdom

FOR TWELVE MONTHS.

Abroad 9/- per Annum.

11, ADAM STREET, STRAND, LONDON, W.C.

## IMPORTANT.

We have received complaints of the inability of some of our readers to obtain copies of THE NURSING RECORD at various railway bookstalls and newsagents. We suggest, therefore, that orders be given to the bookstall clerk or to the newsagent to obtain copies, and if he fails to do so, that the fact be reported to us on a post-card, and we will have it rectified.

## PUBLISHER'S NOTICES.

CASES FOR BINDING Half-yearly Volumes of THE NURSING RECORD, post free, 2/- each.

Complete Volumes of THE NURSING RECORD, 7/- each.

*Carriage to be paid by Purchaser.*

Indexes 6d. each, post free.

Back Numbers over Twelve Months old, 6d. each, post free.

Readers' Own Volumes bound complete 2/6 each.

*Remittances in all cases must be made when ordering.*

3d. will be given for each clean and perfect copy of the "Nursing Record" for Oct. 21st, 1893, and for Jan. 23rd, 1897, which is sent to

The Manager,

"THE NURSING RECORD,"

11, Adam Street, Strand, London, W.C.

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