

### Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

### Comments and Replies.

*Miss James.*—The office of the International Congress of Women is at 9, Members Mansions, 36, Victoria Street, S.W. The corresponding secretary, from whom tickets, and all information can be obtained is Miss Teresa F. Wilson. It is advisable to take tickets of membership at once.

*Matron.*—We quite sympathize with you in your difficulties. Reforms are always uphill work, but reforms must be carried out, and though the individual to whose lot it falls to make them often, indeed usually, suffers, the work stands. We shall be glad to give any advice in our power.

*Maternity.*—We are strongly of opinion that no midwifery pupil should be sent out alone to attend cases. All women who undertake this responsibility should at least hold the certificate of the London Obstetrical Society. We are aware, however, that it is the practice in many lying-in homes to send out pupils to gain their experience long

before the authorities would certify them as competent to attend cases of natural labour. We consider this a most unjustifiable proceeding, and are glad that you are setting your face against it. We are surprised to learn that you are not supported in this matter by the medical staff. Medical men usually insist so strongly that no one should be allowed to attend midwifery cases who has not had five years' medical education, that to be logical they can hardly support the practice of sending out women having had no previous nursing education, to take the whole responsibility of these cases with only a week or two's training. The difficulty, we suppose, is one of £ s. d., but it is a difficulty which must be faced, and competent midwives sent out in every case with the pupils.

*Inexperience.*—To make an egg flip break and beat a new laid egg in a glass, then add gradually one third of a pint of milk, and half an ounce of brandy. Crush some ice, previously washed, by beating it in a clean cloth on a stone, and add sufficient to the egg flip to make it thoroughly cold. This not only makes it pleasanter to take, but increases its stimulating properties. It is worth remembering that if you are in a place where milk is unobtainable, an excellent egg flip can be made by using two eggs and adding soda water.

*A Perplexed Pro.*—We should advise you to place the matter before your Matron.

*Mrs. Murray.*—You will find all the information you require in the "Englishwoman's Year Book," edited by Miss Emily Janes, Secretary of the National Union of Women Workers, obtainable at the offices of that Society, 59, Berners Street, price 2s. 6d. It is a most useful book of reference.

*Certificated Nurse.*—It is not advisable to accept any appointment abroad without very strict enquiries, nor without a written agreement.

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