

Notices.

Will our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial office, 20, Upper Wimpole Street, W., not later than Wednesday morning. We receive much interesting matter just after we have gone to press, which, if sent a few posts earlier, could be inserted.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269 Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

A. R., Shipston-on-Stour.—Many thanks for letter on Army Nursing Notes; also for kind invitation. Some day we hope to accept it.

A. M.—We should advise you to go as probationer to a general hospital for training before you take up monthly nursing. It is a mistake to train in this one branch only. Unfortunately, experience in monthly nursing is not usually included in the three years' curriculum, and frequently the

nurse who desires to obtain it has to pay a fee at a special hospital after completing her training in order to do so. We believe, however, that at the Crumpsall Infirmary, Manchester, the Marylebone Infirmary, London, and the Royal Infirmary, Bristol, training in monthly nursing may be obtained during the three years' course. You should write to the matrons of these institutions for the regulations, and then make an application to be accepted as a probationer by the one you think you would prefer, saying that you wish for training in monthly nursing. You would in each of the institutions we have mentioned, we believe, receive a small salary during your training. You are rather young at present, as probationers in general hospital are not as a rule appointed under 23 years of age, but as you may have to wait some little time for a vacancy it would be as well to apply at once.

Nurse P.—Nursing at sea is by no means an enviable duty. Unless you are a thoroughly good sailor the task of having to look after a patient when you yourself are feeling that the only chance to keep well is to remain perfectly quiet is very trying. One's patient must, of course, be put first and one suffers oneself in consequence. Unless, therefore, you know you are a good sailor, or you are endowed with heroic fortitude, we should advise you to think twice before accepting the position.

Probationer.—You should gradually accumulate books of reference, which will always be useful to you. If you set aside a certain sum each quarter, when you receive your salary, for this purpose you will, in time, be the possessor of quite a valuable library. Amongst the books to obtain we should suggest Hoblyn's "Dictionary of Medical Terms," Stewart's "Practical Nursing," Kimber's "Anatomy and Physiology," Hampton's "Nursing, its Principle and Practice," and Boland's "Handbook of Invalid Cookery."

Certificated Nurse.—We do not advise you to join the Society you mention. It is always a mistake for a professional person to place herself under unprofessional control.

A GOOD DIET

is of the greatest importance during convalescence. A beef tea that contains the smallest amount of fat or is weakened by foreign ingredients often hinders, instead of helping, recovery.

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STANLEY SMITH, *Secretary.*

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