Motices.

At the Matrons' Council "At Home," at the Medical Society's Rooms, 11, Chandos Street, on Thursday in last week, two umbrellas were left behind. The cwners can obtain them by applying at 20, Upper Wimpole Street.

WILL our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial Office, 20, Upper Wimpole Street, W., if possible, not later than Wednesday morning. We receive much interesting matter just after we have gone to press which, if sent a few posts earlier, could be inserted, but is stale a week later.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their Nursing Record through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the Nursing Record are always on sale at 269, Regent Street, price Id. As this address is close to Oxford Circus, it will be found a Central Depôt.

Comments and Replies.

Miss P.—Applications for admission to the "Nursing Directory," should be made at once or they will be too late for insertion in the forthcoming issue. Forms may be obtained from the Editors, "Nursing Directory," 11, Adam Street, Strand. A necessary qualification for admission is the certificate of a general hospital or infirmary of not less than 100 beds.

Matron.—We do not think that a nurse would be justified

Matron.—We do not think that a nurse would be justined in asking extra fees for the duty you mention.

Laywoman.—It is a mistake to obtain special before general training in nursing. We do not therefore advise you to obtain your midwifery training at present. You should enter a good general hospital and obtain a three years certificate, then by all means go on to special branches such as midwifery, fever work, massage, and so on. You will find a knowledge of this subject most useful, and indeed almost essential if

you are to be a successful private nurse.

Specialist.—The question is a very difficult one. No doubt the Matrons' Council will take this matter into consideration,

and we may hope that it will evolve some satisfactory solution of the difficulty.

Nurse Edmunds.—The question as to whether you are suitable for work abroad is largely one of adaptability. You may be an excellent nurse, and able to manage a ward well at home, and yet fail in the requirements essential for for-eign service. Many people can work well in a groove, but it is the unexpected which always happens abroad, and you must be prepared to go anywhere and do anything if you wish to succeed. Many duties fall to the lot of a nurse abroad which are not required of her at home.

Miss Pine.—Applications should be made to the Revenue Secretary, India Office, Whitehall.

A GOOD DIET

is of the greatest importance during convalescence. A beef tea that contains the smallest amount of fat or is weakened by foreign ingredients often hinders, instead of helping, recovery.

As a pure, perfectly prepared essence of beef, nothing approaches the original

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STANLEY SMITH, Secretary.

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