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down denoting the most important item of the property, and the patient was asked whom she wished to leave it to. She had in her hands a pack of cards on which were printed the names of all her relatives, one name on each card, and, after looking through the pack, she laid down the card bearing the name of the relative to whom she wished to leave the property. Every other item was disposed of in the same way. After the disposal of each item, used names were always replaced in the patient's pack, so that she always had all the names before her. A dozen copies of each name card should be printed for this purpose.

Appointments.

MATRON.

MISS MARY VAUGHAN has been appointed Matron of the Royal Buckinghamshire Hospital Miss Vaughan was trained at the General Hospital, Wolverhampton, where she afterwards held the position of Ward Sister. She has also had charge of wards at the Royal Buckinghamshire Hospital, and since the death of Mrs. Heatley, the late Matron of this Hospital, she has taken the Matron's duties temporarily.

MISS AGNES THOMSON has been appointed Matron of the Lindville Private Asylum, Blackrock, Cork. Miss Thomson was trained at the Royal Infirmary, Edinburgh, and for two years worked as a Queen's Nurse. She has also held the position of Ward Sister at the Royal Infirmary, Aberdeen, and Matron of the Murray Asylum, Perth. She holds a certificate for midwifery from the Glasgow Maternity Hospital.

SISTER.

MISS ALICE HULME has been appointed Sister at the Isolation Hospital, Chester. She holds the three years' certificate of the General Infirmary, Chester. On leaving this infirmary, she worked for a time as a private nurse, and subsequently as Charge Nurse at the Carnarvonshire and Anglesey Infirmary, Bangor, and as Assistant District Maternity Nurse at Llanelly, South Wales.

MISS A. BAKER has been appointed Sister at the General Hospital, Birmingham. She was trained for three years at the General Infirmary, Leeds, and has since held posts for one and a half years at the Bolton Infirmary, and for one year at the Cardiff Infirmary.

Motes on Practical Mursing.

NURSES' ORDER OF WARD WORK, King's College Hospital.

(Continued from page 436.)

Weights and Measures.

Gr. j. 🛁	1 Grain.
Эј <u>—</u>	20 Grains. = 1 Scruple.
3 ss. 🗕	30 Grains. $= \frac{1}{2}$ Drachm.
3j —	60 Grains. = 1 Drachm.
ž ss. 💻	4 Drachms. $= \frac{1}{2}$ Ounce.
žj —	8 Drachms. == I Ounce.
ibj. —	16 Ounces. $=$ 1 Pound.
Mj. 🚃	1 Minim. == 1 Drop.
Fl.3j. 🛁	60 Minims. = I Teaspoonful.
Fl. 3 ij 💻	1 Dessert-spoonful,
Fl. 3 ss	1 Tablespoonful.
Fl.žj. 🗕	2 Tablespoonfuls.
Fl. ž ij 😑	1 Wineglassful.
Oj. ==	1 Pint. = 20 Ounces.
	NOTICE

NOTICE.

GVNÆCOLOGICAL WARDS.—In the Gynæcological Wards Probationers are expected to become skilful:—In the testing of urine, in the use of the catheter, douching, and are to become familiar with the names and use of various uterine appliances, and operative instruments, etc.

MEDICAL WARDS.—In the Medical Wards Probationers are expected to become skilful:—In the dressing of blisters, the application of fomentations, poultices, and leeches, in the use of the catheter for *women*, and in testing of urine, cupping, baths and packs of all kinds, etc.

SURGICAL WARDS.—In the Surgical Wards Probationers are expected to become skilful:—In bandaging, padding of splints, in the use of the catheter and application of trusses for *women*, and are to become familiar with the names and use of various splints and instruments, etc.

WALLETS.—Each Nurse should possess a wallet, to be worn under her apron, containing at least the following:—Nail scissors, dressing scissors, dressing forceps, dissecting forceps, spatula, tongue depressor, thermometer in case, silver probe, tape measure, pin cushion.

REGULATIONS TO BE STRICTLY OBSERVED BY NURSES.

HANDS AND FINGERS.—Hands and Fingers to be kept scrupulously clean, nails in good condition and not too long.

Never omit to cover up scratches, cracks or abrasion of skin, however small; to use dressing forceps whenever possible for the removal of dressings.

To be constant in the use of a disinfectant (very especially so in gynæcological work).

A basin of some disinfectant to be always in use and kept in one place in lavatories.



