

Co-operations should be invited to subscribe small sums this year and next, so as to be able to send their own delegates to the Nursing Congress in Buffalo next year, is a most admirable one, and I heartily hope it will be carried out. We are not a wealthy profession, but by co-operation we could do much, and the benefit of attending such a Congress would be great, as all those who were present at the International Congress of Women in London last year, as I was, must realise. Heartily wishing your scheme every success.

I am yours, etc.,

SELF HELP.

### Notices.

Will our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial Office, 20, Upper Wimpole Street, W., if possible, not later than Wednesday morning. We receive much interesting matter just after we have gone to press which, if sent a few posts earlier, could be inserted, but is stale a week later.


*In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.*

### Comments and Replies.

*A.M.W., Leamington.*—We should suggest "Elements of Health; an Introduction to the Study of Hygiene," by Dr. L. C. Parkes, published by J. and A. Churchill, 7, Great Marlborough Street, price 3s. 6d.; also "A Manual of Practical Hygiene," by the late Dr. E. A. Parkes, by the same publishers, price 18s.; "The Dwelling House," by Dr. G. V. Poore, published by Longmans, Green and Co., price 3s. 6d., is also a useful book on this subject. We are glad to know that you appreciate the NURSING RECORD, and thank you for your kind remarks.

*A Mother.*—To a girl possessed of good health and the necessary qualifications, the nursing profession affords a reasonable prospect of maintenance, though highly paid posts are limited in number. From the time she enters a hospital as an unskilled probationer she in most instances receives comfortable board and lodging, washing, and a certain amount of uniform, as well as a small and increasing salary. If she is ill she is well cared for, receiving probably the best medical and nursing care free of cost. In this she has a great advantage over other women workers, who when ill have to fall back upon their slender savings which are soon exhausted. After certification a good nurse can earn from £35 to £50 a year as a Ward Sister or Charge Nurse, in addition to the board, lodging, and washing enumerated above, as a District Nurse she will earn about £35 or £40 a year, while as a private nurse on a good co-operation she can clear £100 a year. If she becomes a Matron such posts command a salary varying from £40 per annum in a small hospital to £150 and over in the larger ones—£75 to £100 is a usual salary. You will find information with regard to the regulations of all the leading training schools in the *Nursing Directory*, published under the authority of the Matrons' Council, price 5s. It may be obtained from the manager, NURSING RECORD Offices, 11, Adam Street, Strand.

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Signed *J. Liebig* in Blue

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