

New Preparations, Inventions, etc.**THE MAGGI PREPARATIONS.**

THE standard of excellence which the Maggi Specialities have now attained has, from time to time, been referred to in the columns of this journal.

Messrs. Cosenza and Co.'s establishment at 95, Wigmore Street, W., the principal depot for Great Britain and the colonies is well worth a visit.

There, in concentrated form, will be found almost every conceivable kind of food containing the maximum of nutritious elements, and produced at very moderate prices. Amongst these numerous articles of diet we have been particularly struck with Maggi's Consommé in gelatine tubes, Cross-Star-Soups in tablets, and the essence for soups, sauces and stocks, as well as Maggi's Gluten-Cocoa, all of which are manufactured at the spacious factories at Kemptall, Switzerland.

As our readers include the highly trained nurses of the United Kingdom and abroad, who are constantly and intimately associated with many families, they could do much to relieve the often perplexed housewife by recommending these preparations, on account of their purity, their great convenience and economy in use.

The contents of a single capsule of Maggi's Consommé is sufficient to make three quarters of a pint of clear and palatable broth. The nourishing, strengthening and invigorating Cross-Star-Soups, of assorted varieties, are all prepared, and only require to be boiled according to the directions on every packet. The essence for flavouring and improving soups, etc., is rather a remarkable preparation, as only a few drops give immediately the required flavour and substance, and the Gluten-Cocoa is decidedly aromatic, stimulating and nutritious, whilst its form in tablets makes the advantage thereby gained easy to comprehend.

THE AYLESBURY DAIRY COMPANY, LTD.

When one writes concerning this Company, the oft-repeated story has only to be told that its Milk Preparations are so well known and appreciated as to leave little to be said. One thing, however, cannot be impressed too often upon the minds of trained nurses and others—namely, that it is a real boon to have such a Company in our midst, delivering the best Milk, Cream, Butter, Eggs, and their specially prepared Milk Foods for infants and invalids, in all parts of London, twice or thrice daily. With regard to these latter, they are known as the Life Belt Brand, and consist of Humanized Milk, Peptonized Milk, Whey, Sterilized Milk, Sterilized Cream, etc., etc.

Their *Humanized Milk* is perfectly sterilized, and is supplied in the Company's patent vacuum-stoppered bottles. *No. 1* is prepared with a minimum percentage of curd (casein), and we recommend it for infants of very delicate digestion, whilst *No. 2* is prepared with the full percentage of albuminoids. The genuine is in each case supplied in glass bottles only, bearing the Aylesbury Dairy Company's registered trade mark of a Life Belt, and also the words *Life Belt Brand*.

BIRD'S CUSTARD POWDER.

It is always delightfully refreshing to be in a position to write about a really wholesome article of diet. In Bird's Custard we have at once all that is pure, light, appetising, delicious, nutritious and easy of digestion, and consequently an invaluable luxury for the most fastidious invalid, at a minimum of cost and trouble. Bird's Custard Powder also makes choice dishes of endless variety without eggs—recipes for which accompany each packet.

To substantiate what we say we have only to refer to Dr. Nansen's expedition to the Polar regions in the good ship *Fram*. At his request a sufficient quantity of Bird's Custard Powder was supplied to provide a pint of Custard for the crew for every day in the week for five years. The *Fram* was away for only a little more than three years, yet upon her return the Doctor's secretary wrote that the whole supply had been consumed on the voyage. There could be no more conclusive testimony as to the inestimable value of Bird's Custard as an article of diet, and as a dainty, wholesome and acceptable dish, than the fact that the crew, during their wanderings in the neighbourhood of the North Pole, actually consumed the whole of a five years' ordinary supply in three years.

ROBINSON'S PATENT BARLEY.

The old established firm of Keen, Robinson and Co., Ltd., are the makers of this speciality, which, in itself is sufficient guarantee of its purity. We have often tried it and have found it to be an absolutely pure preparation of the finest barley.

There ought to be no trained nurses who are not aware of the special advantages of this preparation.

"Barley Water" as a diluent of milk for babies, can be speedily and economically made from it, but it is an essential point that the *Milk* be always *absolutely fresh*.

It is very valuable for sufferers from kidney or bladder diseases who are ordered to drink "Barley Water."

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