

ICILMA.

We have pleasure in directing attention to the Icilma Preparations, which being prepared from an oxygenised natural water are both safe, and delicious adjuncts of the toilet table. Icilma water is valuable for use in the nursery, for cuts, bruises, mosquito and gnat bites, nettlerash, and all irritations of the skin. It is sold in shilling bottles, or, daintily scented, at 2s. It has stood the test of examination at Somerset House, and, as a natural mineral water is exempt from the Patent Medicine Stamp. Icilma Soap is made with this water, and we find it delicious in use. The unscented costs 5d. per tablet, the castile 7½d., while a fragrant if luxurious variety, known as amber, costs 2s. There are also many other preparations of Icilma. The Hygienic Fluid, specially recommended for all irritations of the skin; Antiseptic Water, for use in cases of cuts, bruises, stings, sunburn, etc.; this is put up in small bottles, which can be carried in the waistcoat or jacket pocket; cold cream, tooth paste, hair lotion, and other necessary articles are also prepared with Icilma. Nurses should acquaint themselves with this valuable water, as the toilet accessories prepared with it never clog the pores of the skin, but by softening it help to preserve the natural bloom, its cleansing properties dissolve impurities, and give transparency, while it is also astringent and antiseptic. Icilma can be obtained of all chemists, or from Barclay and Sons, Limited, 95, Farringdon Street, E.C.

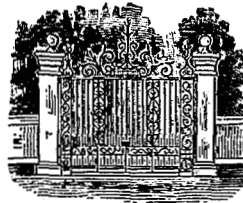
MAGGI'S TONIC BOUILLON.

We have on previous occasions described the value of the various "Maggi" preparations, sold by Messrs. Cosenza and Co., of 95, Wigmore Street, Cavendish Square, and those who have acquainted themselves with the dainty consommé, soups, and cocoa of this firm will, we are sure, be grateful to us for directing their notice to the Tonic Bouillon, in gelatine tubes, which it has recently brought out. It is instantly prepared by the addition of boiling water, and forms a cup of stimulating and nutritious soup, which is a meat and vegetable extract, containing a tonic preparation of iron. A great advantage of this is that patients who cannot tolerate other preparations of iron are able to take it in this form. It is sold in boxes containing 10 tubes, at 3s. a box. There should be a wide future before it in its usefulness to invalids, convalescents, and travellers.

We specially recommend this and the other Maggi preparations to the attention of the authorities of tropical hospitals, where ready-made soups are frequently a necessity, and where rich, thick, or greasy soups are even more unpalatable and undesirable than in a temperate climate.

Outside the Gates.

WOMEN.



We have met with so many poor grief-stricken creatures "broke in our wars" of late, that we dread the sight of those countless names in the Casualty Lists referring to the dead and dying in South Africa.

These "broken" ones wear no plumes and putties—but come to us in grim crêpe gowns, with long flowing veils, and their pale sodden faces surrounded by the white cap of widowhood are pathetically sad—with quivering lips and tear-washed eyes—they droop and are forlorn, and stowed away about them is the "last letter" and a photograph of the dear lost one—the father and bread-winner of hopeless orphans, and indeed the cry of these despairing women is heart-rending. "Oh! where, where is the glory," one poor thing said yesterday. "If only the wail of the widows and the moans of the mothers could be heard in the land, they would drown all the glory in tears of blood." And another—"together we were happy though we were very poor, and without a line, without one message he is gone. I shall lose all, all. I must leave my little child to go out and earn his bread—Oh! I know, I know if I could have been with him he would not have died—everything was so horrible, he had no proper nursing—why have we women no power to insist that the Government should do its duty to these brave men?"

There is the *sting*, many of these young brave lives have been sacrificed to the past inertia of women, who have failed to demand their right to enfranchisement; so that they should have the *power* to do their duty to the State. Hundreds of the deaths from disease in the present war are the direct result of excluding the mother element from the management of the sick and wounded—the result of ignorance, obstinacy, and vanity in high places, which for years has arrogated to itself the responsibility of dominating the Nursing Service in the War Office, without an elementary knowledge of its needs and nature. It is to be hoped that the "wail of the widow" will penetrate even the proverbial stupidity of hereditary legislators.

We learn that on some of the larger new coins the profile of the Queen as well as the King will appear. His Majesty has commanded one of the designs submitted to him to be prepared with this view.

The glorious victory of the Progressives in the recent London County Council election is a matter of sincere congratulation to the metropolis, especially to the poorer citizens—who slave in the slums, or by any means earn honestly their daily bread—the people of London who live and work in it, and have therefore a right to its efficient management. Hygienic house room, open spaces, wholesome water, quick and cheap means of transport, educational advantages, a good and progressive government generally, can only be obtained by the people if they place in power those who sympathise with their needs, men (and women we hope before long) who having studied the question of municipal management in all its phases have the time and the will to effect reforms.

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