

Appointments.

MATRON.

Miss Helen Lucy Pearse has been appointed Matron and Superintendent of Nursing at the North Staffordshire Infirmary and Eye Hospital, Stoke-on-Trent. She was trained and certificated at St. Bartholomew's Hospital, from 1894-1898, since which time she has held the position of Assistant Matron and Superintendent of Nursing at the Poor Law Infirmary, Lambeth, S.E. Miss Pearse is a member of the League of St. Bartholomew's Nurses.

Miss M. A. Stonehewer has been appointed Matron at the District Hospital, Newbury. She was trained at the Royal Albert Edward Infirmary, Wigan, where she has also held the position of Sister. She has also acted as Sister and temporary Matron at the Royal Bucks Hospital, Aylesbury.

ASSISTANT MATRON.

Miss Edith Firth has been appointed Assistant Matron at the Northern Convalescent Fever Hospital, Winchmore Hill. She was trained at the Mill Road Infirmary, Liverpool, and has held the positions of Night Superintendent at the Northern Fever Hospital, and of Charge Nurse at the Park Hospital, Lewisham.

SISTER.

Miss H. M. Hickman has been appointed Sister of the Women and Children's Wards at the Rotherham Hospital. She was trained at the London Temperance Hospital, Hampstead Road, where she held the position of Sister for eighteen months.

Miss Helen Roberts has been appointed Sister of the men's surgical ward at the Cumberland Infirmary, Carlisle. She was trained for three years, and certificated at the Royal Infirmary, Liverpool, and for the last year has held the position of Sister at the Cancer and Skin Hospital, Myrtle Street, Liverpool.

Miss E. Theodora Unwin has also been appointed Sister of the Women and Children's Ward in the same institution. She was trained and certificated at the Royal Infirmary, Liverpool, and has held the position of Sister in the male medical ward at the Royal Infirmary, Halifax.

SISTER.

Miss Mary A. Brunton has been appointed Sister at the Birmingham and Midland Ear and Throat Hospital. She received her training at the Brownlow Hill Infirmary, Liverpool.

Miss Rovedino has been appointed Sister at the Swansea Hospital. She received her training at the Hospital for Sick Children, Great Ormond Street, and at the London Hospital.

Notes on Practical Nursing.

PREPARATION OF OPERATING ROOM SUPPLIES AND THE OPERATING ROOM IN HOSPITALS AND HOMES.

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SOLUTIONS.

All solutions should be made with sterile water and strained into sterile bottles through sterile cotton and funnel. They should always be used warm.

Water is sterilized under pressure in sterilizers made for the purpose, Shearer's and King's being the best. If a sterilizer is not obtainable, use a perfectly clean water boiler or kettle, into which the water is strained through a thick layer of absorbent cotton or gauze. Boil always under cover for a half hour. Clean rain water is the most appropriate, being free from ingredients that will chemically change drugs used. In straining the water into bottles or other air-tight receptacles, care should be taken that every article used is sterilized. Bichloride sol. is used in different strengths.

- 1—500 gr. xv. — oj water
- 1—1000 gr. viiss—oj water
- 1—2000 gr. iii. $\frac{1}{2}$ —oj water, etc.

Always use cold sterile water to make the solution, and add a little sterile salt solution to keep it clear. Instead of the bichloride tablets "standard hospital solution" is usually used in all hospitals as follows:

- Bichloride of mercury gr. xxx= ζ i sterile water.
- Bichloride Sol 1—500= ζ iv—oj water
- " " 1—1000= ζ ii—oj "
- " " 1—2000= ζ i—oj "
- " " 1—4000= η xxx—oj water
- " " 1—8000= η xv—oj "
- " " 1—10000= η xii—oj "

Carbolic acid sol. should be made with boiling water, as the acid is somewhat oily, and unless properly dissolved will float on the top.

- 2 $\frac{1}{2}$ % Sol=1.40
- Carbolic acid ζ iii η xxv
- Boiling water oj.
- 5 % Sol
- Carbolic acid ζ vi η xxiv
- Boiling water oj.

Lysol Solution:—

- 1 % Lysol ζ i
- Water oj.

Formaldehyde Sol.:—

- $\frac{1}{2}$ per cent.
- Take of the 40 % Formalde-
- hyde sol ζ ss
- Water oj.

Normal Salt Sol.:—

- Sodium chloride..... 1 teaspoonful
- Water oj.

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