

This upper part of the pharynx is called the *naso-pharynx*.

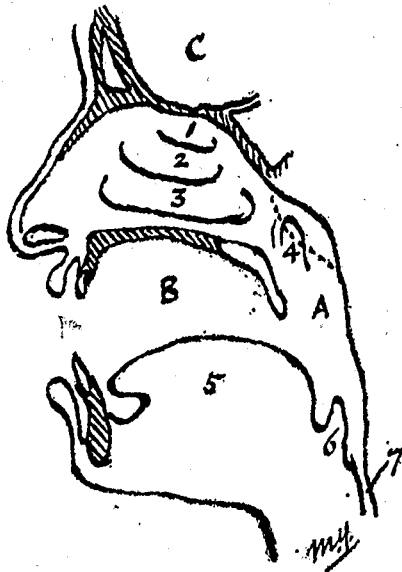


FIG. 2.—Diagram of the Throat and Nose.

- A. Naso-pharynx. B. Mouth. C. Brain Cavity.
 1, 2, 3. Upper, Middle and Lower Turbinate Bodies. 4. Eustachian Tube. 5. Tongue.
 6. Epiglottis. 7. Oesophagus.
 The dotted lines show the situation of Adenoid Growths.

This diagram (Fig. 2) shows the outer side of one nostril with its boundaries and communications. The roof is formed by the floor of the brain cavity, and is pierced by tiny holes through which pass the endings of the nerve of smell. Its floor is formed by the roof of the mouth, or palate. On the outer wall of each nasal chamber are three delicate scrolls of bone, placed one above the other, and called the *upper, middle, and lower turbinate bones*. They are covered by mucous membrane, and on the two lower bones being extremely well supplied with blood, so that when they are distended they form what are practically small sponges full of blood, an arrangement by which the air breathed is thoroughly warmed and moistened. Opposite the hinder end of the lower turbinate bone is the opening of that *Eustachian tube* to which I drew attention as ventilating the ear.

When you have a cold these turbinate bodies become very swollen and obstruct the nostrils. The frequent repetition of colds may cause them to become permanently enlarged, forming a common variety of nasal obstruction.

(To be continued.)

Appointments.

MATRON.

Miss E. Ward has been appointed Matron of the Kettering and District General Hospital. She received her training at the London Hospital, where she also acted as Staff Nurse for four years. For the last three and a half years she has held the position of Charge Nurse to the Institution, of which she has now been appointed Matron.

Miss Valetta Shout has been appointed Matron of the Convalescent Home, Skegness. She received her training at the Alexandra Hospital, London, and at Addenbrooke's Hospital, Cambridge. She has also worked as a private nurse at the Nurses' Institute, Cambridge, Staff Nurse at the Sanatorium, Hull, and Charge Nurse at the City Hospital, Grafton Street, Liverpool.

NIGHT SUPERINTENDENT.

Miss M. Pearson has been appointed Night Superintendent at the General Hospital, Nottingham. She was trained and certificated at the Royal Infirmary, Manchester, where she also held the position of Sister. Subsequently, she was appointed Sister at the Manston Hospital, Seacroft, near Leeds, which position she resigned to take up her present post.

Miss Dorothy Green has been appointed Night Superintendent at the Plymouth Union Infirmary. She was trained at the London Homœopathic Hospital, and has recently been connected with the West of England Nurses' Co-operation, Plymouth.

HOME SISTER.

Miss Caroline Jenkins has been appointed Home Sister at the Victoria Nurses' Home, connected with the Royal Infirmary, Bradford. She was trained at this Institution from 1892 to 1895, at the end of which time she was appointed Sister of the Female Medical Wards, which post she held until January, 1900, when she was promoted to the position of Night Superintendent.

SUPERINTENDENT NURSE.

Miss Catherine Rhoda Emily Skoines has been appointed Superintendent Nurse at the Sevenoaks Union Workhouse. Her previous appointments have been Assistant Nurse for three years at St. Pancras Infirmary, Charge Nurse for the same period at Romford Infirmary, and Superintendent Nurse first at Northampton Infirmary, and subsequently at the Workhouse Infirmary, Plymouth.

CHARGE NURSE.

Miss Marian Cotto has been appointed Charge Nurse at the Chelsea Infirmary. She was trained and certificated at University College Hospital, where she has since held the position of Staff Nurse.

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