

Notices.

OUR GUINEA PRIZE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Comments and Replies.

Country Matron.—The position taken up by the Matrons' Council with regard to Army Nursing Reform is quite unassailable. It maintains that a Nursing Department should be formed at the War Office and placed in charge of a trained and experienced Administrative Nursing Officer, as the Medical Department is controlled by a medical man as Director General. This is only following the precedent of all other professions, which maintain not only that they have the right to be governed by members of their own calling, but also that no other form of government is, or can be, efficient. A precedent as regards Army Nursing Organization has been established by Congress in the United States, where the Nursing Department in connection with the War Office is now controlled by a trained nurse. Thus once again America has the start of us in nursing organization.

Newly appointed.—As your hospital provides a kitchen-maid and scullery-maid you should not have much difficulty in obtaining an efficient cook. We should suggest your applying to any good Registry Office.

Three months' training.—The position of a midwife is a most responsible one, and we are not surprised that you find after three months' experience that you are not equal to the duties and strain of the work. Nurses who have had the full term of three years' training and have subsequently taken up midwifery work have frequently told us that they have felt the strain of it most keenly, indeed we do not think that anybody with only three months' training would venture to assume the responsibilities involved if they at all understood what those responsibilities were.

Norland Nurse, W.—A warm bath just before going to bed tends to allay the nervous irritability which prevents sleep in children, whether caused by temper or work, and it does so probably by dilating the blood-vessels on the surface of the body, and so relieving hyperæmia of the brain. A warm mustard foot-bath—an excellent remedy for sleeplessness—is also beneficial through its derivative effects.

Miss Thompson, Warrington.—Some of the County Hospitals rank high as Training Schools. We should advise you to apply to the Matrons of the Leeds, Liverpool and Leicester Infirmaries, the Nottingham and Birmingham General Hospitals, or the Blackburn and East Lancashire Infirmary; in any of these institutions you would obtain excellent training, and a three years' certificate, if you passed through this period satisfactorily.

Young Mother.—It is by no means easy to wash and dress a baby properly. You need to be shown the way by an experienced monthly nurse, and then, if possible, to do the work yourself under her supervision. It is only practice which makes perfect. It is difficult to give adequate instructions in writing, and one practical demonstration will teach you much more than written theories.

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