

The Cookery Exhibition.

The Twelfth Universal Cookery and Food Exhibition, organized under the auspices of the Universal Cookery and Food Association, was held last week at the Prince's Skating Club, Knightsbridge, and opened by the Lord Mayor, accompanied by the Sheriffs, Under-Sheriffs, and Aldermen of the City of London. The objects of the exhibition are to promote and extend a better knowledge of the substances used as food, and the best and most various economical methods of cookery. Thus the Association aims at promoting a better knowledge of cookery, to assist youths to become apprenticed as cooks, and to encourage their education on a uniform basis, to give prizes for meritorious work, to organize cookery demonstrations in poor neighbourhoods, to provide cookery scholarships, to assist professional cooks and cookery teachers by means of a benevolent fund, to help hospitals and other charitable institutions.

With the view of stimulating the interest of those engaged in cooking many competitions were arranged, and these were a great source of interest to the visitors to the exhibition. The Army Cookery Competition, by cooks of the 1st Battalion Grenadier Guards, the omelette competition, and the mercantile marine cookery competition were keenly watched from start to finish, while the pancake competition excited much amusement. One of the most interesting competitions was that of the school-boys of the Townshend Foundation School. In spotless caps and aprons, with the cleanest of hands, they did their work most deftly, and it was quite easy to see that boys as well as girls are not only capable of becoming excellent cooks, but that they take an absorbing interest in their work. The Miniature Sea Cook's Competition was also a very popular one.

Amongst the groups of exhibits shown on Thursday was one of Invalid and Sick Room Cookery, in which fourteen exhibitors took part, one of these being Miss Du C. Santoy, of the London Hospital.

Quite one of the prettiest stands of exhibiting firms was that of Messrs. L. and G. Cox, Ltd., of Eastcheap Buildings, E.C., which was just inside the hall on the left hand side. The jellies on view bore eloquent testimony to the "sparkling gelatine" with which they were solidified, and the colouring was of the daintiest.

Other well-known firms which exhibited were Cosenza and Co., of 95, Wigmore Street, who, in addition to their Cross Star Soups and Maggi's Consommé, and Gluten Cocoa, showed Tansun, a new natural Japanese tonic table water; and Leibig's Extract of Meat Co., 9, Fenchurch Avenue, E.C., who, amongst other preparations, showed Oxo, their new meat beverage; Bovril, Limited, who in addition to their other preparations, showed their emergency and other rations which are being extensively used in South Africa. The Hovis Bread and Flour Co., Limited, of Macclesfield, showed their bread and biscuits, and Lito self-raising flour, which also was used to excellent purpose in some of the competition cookery; and the Protene Co., of 36, Welbeck Street, W., who in 1899 won the gold medal at this exhibition, showed their many excellent preparations. The dainty specialities of Mr. C. Shippam, Chichester—Soups, Beef Tea, Chicken Broth, Jelly, and Potted Meats—were well to the fore. The Association has done good service in organizing this exhibition, and we cordially wish its efforts the success they deserve.

New Preparations, Inventions, etc.

SAPON.

Many nurses will be glad to know of a detergent, recently invented, which instantly removes oil, grease, blood, or dirt from clothes and other materials. This is Sapon, a vegetable wool-wash powder, with which, with the addition of hot or cold water, woollen goods can be cleansed from all impurities, while the natural softness of the wool remains unimpaired. No scrubbing or soap is required, all that is needed is to rinse the clothes through the water, and squeeze them clean. We feel confident that we have only to direct the attention of nurses to its many merits to ensure its constant employment by them.

Besides being specially useful for washing woollen goods it is excellent for general household purposes, and by its means grease and dirt may be quickly removed from silver, cutlery, glass, pots and pans, and paint, with the addition of either hot or cold water. It may be obtained from all the principal shops and stores, or from the manufacturers, Sapon, Limited, 33, St. Swithin's Lane, London, E.C.

THE PORTIA SUSPENDER.

The Portia Combined Stocking Suspender and Shoulder Support is an ingenious appliance, which has many advantages over the ordinary stocking suspenders. As a rule, these are fastened to the corsets with rigid shoulder straps. Those under consideration are in no way attached to the corsets, and, consequently, yield with every motion of the body, to which they give natural and easy support.



By means of arm loops attached to a central disc not only are shoulders, inclined to be round, kept back, but by the use of attachments the stockings are also supported. The illustration which we give herewith will explain our meaning. The suspenders may be obtained through leading drapers, or from the Portia Company, 113, Gipsy Road, West Norwood, Surrey. They are made in three sizes, adults, maids, and children's, and in various qualities and colours, at 3s. 7d., or 5s. a pair post free.

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