

tincture of opium, no powders of morphine can compare in sleep-producing power with sunshine. Let sleepless people court the sun. The very worst soporific is laudanum, and the very best is sunshine. Therefore, it is very easily understood that poor sleepers should pass as many hours in the sunshine as possible.

Dr. Malmejac finds that a decoction of panama wood added to heavy coal tar oil (huile lourde de houille emulsionnée) quickly destroys ants by its vapours. He considers it much better than solution of soap, phenic acid, corrosive sublimate, chloride of zinc, boiling water, or chlorhydric acid and ammonia.

While some excavation for a railway cutting was being carried out close to Amesbury, a place of great antiquity within two miles of Stonehenge, several skeletons, which probably belong to the Bronze Age, were unearthed. The skeletons were found some four feet underground on part of the circumference of a circle about sixty feet in diameter. The bodies lay lengthways round the circle at regular intervals. At the feet of some were found wrought iron nails similar to hobnails, with the ends clinched. A small vase and other broken pottery, a ring, and a bronze bracelet—the latter being on the arm bone—were also found.

It has now, of course, been established that it is possible, by protecting oneself from mosquito bites, to keep free from malaria. What Dr. Ross and Dr. Logan Taylor, the delegates of the Liverpool School, who last Saturday sailed from that city, wish to show, is that by ridding a town of mosquitoes the same thing can be done for all the inhabitants. They go out with funds sufficient to employ thirty to forty natives for a year, and their aim is to clear Freetown of mosquitoes. By filling up the puddles and emptying the tanks of water in which they breed, and by fumigating the houses in which they lodge, they hope to put a check to the multiplication of the mosquito, and thus to break up the cycle of the malaria parasite's life by eliminating the creature in whose body one phase of that cycle must be passed. The experiment will be followed with keen interest.

LATEST ANGUIS IN HERBA.

(A simple microscopic survey of a salad revealed a fauna of 52 species, comprising amœbæ, anguillulæ, etc., and a rich flora of varied microbes.—"Medical Magazine.")

One by one my cherished idols,
Fall to dust, with feet of clay—
Kisses, oysters—all infected—
Now it's salad—so they say.
Never more shall juicy lettuce
Tempt me with its flavour rare,
For it teems with anguillulæ,
Lurking in each leafy lair.
Once, I revelled in a radish—
That was in my "salad days"—
Heedless of the surface crimsoned
By the micrococccic frays,
And—oh, spare me further details
Of each microscopic pest,
In the "bonnes bouches" that I dote on—
In the salad, deftly dressed!

New Preparations, Inventions, etc.

BRAND'S FEVER FOOD.

We have pleasure in drawing attention to a valuable preparation, recently brought out by Messrs. Brand, of Mayfair, whose meat essences are so well known and rightly esteemed. This preparation is called Brand's Fever Food, and is a mixture of essence of beef, egg, and cream, thus forming a stimulating food of much nutritive value, resembling custard in appearance and taste. It is especially intended for use in hot climates, where it would prove of great utility, more especially as it is frequently impossible in outlying regions to obtain milk for sick people, and difficult, if not impossible, to find anything which will take its place.

GERM FREE MILK.

Many mothers nurses, and medical practitioners, will be glad to have their attention directed to the purity of the milk which is sent out in sealed bottles from the Crystal Brook Farm, Theydon Bois, Essex.

THE C. B. MOTHERIZED MILK is specially prepared under medical advice, and professionally analysed before bottling. Its component parts, therefore, never vary, and in practice it is found to agree with the most delicate infant.

THE C. B. GERM FREE MILK is sterilized directly after milking. It has a very pleasant flavour due to the high percentage of cream which it contains, and the healthiness of the animals from which it is drawn is indisputable. All the Crystal Brook Jersey Herd have been certified free from tuberculosis, after undergoing the tuberculin test, and they are kept in the open country in scrupulously clean houses, built on the most sanitary principles. Germ Free Milk is delivered free to any part of London or the suburbs, price 5d. per pint, or 9d. per quart, and will keep sweet for months, although it is recommended that a fresh supply should be obtained once a week when possible.

The danger incurred from drinking milk supplied in the ordinary way has now been proved to be considerable. Everyone is familiar with the abnormal colour of London milk, due to the addition of colouring material; and summer diarrhoea in children, enteric, and scarlet fevers are often traced to an impure milk supply. How often the cows which supply our milk are tuberculous is not yet sufficiently realized, but so common is this that it is proved to be unsafe to use any milk which has not been boiled. For all these reasons therefore, it is desirable to use milk of known purity, and this end may be attained by using the Germ Free Milk described above.

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