

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Staff Nurse.—The white colour of milk is given to it by the minute particles of fat suspended in it. You can prove this by putting a little milk into a bottle with a ground glass stopper; pour upon it three times its bulk of ether and shake gently; let it stand for two or three days, when you will find that the ether has dissolved the fat and left a semi-transparent, yellowish-white liquid resembling blood serum. By pipetting or carefully pouring off the ether, and evaporating it by placing the vessel containing

it in a dish of warm water, clear oil will be obtained. Care must be taken not to put the ether near a flame or the fire, as it is, of course, highly inflammable. Ether boils at 94.82 deg. Fahr.

Miss Price, Greenwich.—You should obtain Miss Dock's most useful Materia Medica, which will give you just the sort of practical information you want. For instance, under the heading quinine we find that "idiosyncrasy exists in a marked degree with some persons in regard to quinine, forbidding the use of even the smallest doses. If much prostration follows the administration of quinine, strong black coffee with brandy is the best antidote. In giving quinine ringing in the ears and deafness are the first symptoms to be looked for. Sulphate of quinine is usually given in pills or capsules on account of the bitter taste. Sometimes when rapid action is desired it is given in solution. The taste is very persistent, and it is better removed by a piece of dry bread, or an olive, than anything else. Quinine should be given on an empty stomach, or after the process of digestion is partly over. If a patient is on milk diet quinine should not be given in solution near the milk, as it is very liable to cause vomiting. The book teems with practical points of this kind. It is obtained in this country through Messrs. G. P. Putnam, 24, Bedford Street, Strand.

Hospital Matron.—We quite appreciate your difficulty many probationers do well during their first year, when, their work consists in implicitly following out directions, who fail when entrusted with more responsible duties, in which the exercise of judgment, and a power of initiative are required. For this reason, while the majority of unsuitable candidates can be weeded out in the first few months of their probation, there will always be a certain number whose deficiencies do not become apparent till a later stage. We shall be glad to hear from you again.

IN THE PRESS.

By **BEDFORD FENWICK, M.D.,**

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Hospital for Diseases of the Chest.

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