

pentine is useful for the most neglected condition, providing there are no abrasions. The new soap powder Sapon has a magical effect on dirt and stains generally, and might prove effectual, but I have not yet tried it on a particularly dirty human skin. A handful of common soda dissolved in hot water, both softens and cleanses rapidly. For general cases of feet washing the addition of Scrubb's cloudy ammonia to the water is a great improvement. In every case, except when the knees cannot be flexed, or the feet immersed in warm water for three minutes, the operation can be easily and comfortably performed by using an enamelled iron basin in the bed. The flat-bottomed, almost straight-sided shape, about twelve inches in diameter and six inches deep, is best, as there is no danger of its overturning, and it allows the foot to rest firmly inside. By bending the knee the foot can easily be placed in the basin, and this allows of washing both legs and feet thoroughly in a few minutes. It is best to wash one foot at once, lifting it out on to a warm bath towel to dry. Feet should always be firmly handled, or the process to many people is a painful one. I never heard of the wet lint arrangement before, but I should consider such a lengthy method prejudicial to patients obviously averse to cleansing processes, because of the attendant mental discomfort. In cases where the knee cannot be flexed a basin so arranged on a chair or table as to be level with the bed, and the foot suspended over it, is the simplest way, and on alternate sides of the bed if it be narrow enough to allow of this.

I am, dear Madam,
Yours faithfully,
DAILY TUB.

Comments and Replies.

Miss H. E. W. Sheffield.—A premium is almost without exception required of candidates for midwifery training. The fee for a three months' course is £26 5s., or a little under, which includes board and lodging as well as tuition, but the pupil pays her own washing, and if she enters for the examination of the London Obstetrical Society the fee of £1 is required by that body. Amongst the Hospitals in London where such training can be obtained are the General Lying-in Hospital, York Road Lambeth, Queen Charlotte's Hospital, Marylebone Road, the City of London Lying-in Hospital, City Road, the Clapham Maternity Hospital, Jeffreys Road, S.W. Application for a vacancy should be made in each case to the Matron of the Hospital. You do not say if you are a trained nurse. If not, we should strongly recommend you to obtain a three years' certificate before taking up a special branch.

Three Years' Certificate.—You would do well to add experience in fever nursing, and a certificate for massage to your qualifications before taking up private nursing. For fever work you should apply to the Matrons of any of the hospitals under the Metropolitan Asylums Board. In all these hospitals the Charge Nurses are now required to have general training, and to hold a three years' certificate, and the standard of the work and tone in them has been immensely raised since the rule was enforced. For training in Massage we should advise you to apply to Dr. Fletcher Little, 32, Harley Street, Cavendish Square.

Up to Date.—Malaria, leprosy, elephantiasis, yellow fever, four most terrible diseases, and the scourges of tropical countries, are all now supposed by scientists to be communicated to human beings by the mosquito. It is surely time that this pest was exterminated.

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STANLEY SMITH, Secretary.

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