

The Electrical Ozone and Light Treatment.

It is universally admitted, at the present day, that the treatment of disease, both by electricity and by light, is still in its infancy, and many careful observers anticipate that, before very long, advances will have been made in both directions, which will be of immense professional interest and importance. Unfortunately, however, as too frequently happens, the absence of scientific development of such treatment in the past has led to numerous quack exploitations, and thus treatment by electricity has, to a large extent, suffered in public esteem, in consequence of the manner in which it has been abused by charlatans.

We have had our attention recently drawn to a newly founded Institution, situated at 14, Hanover Square, W., and in which the appliances used, the methods of application, and the whole management are so excellent that we feel encouraged to believe that a beginning has at last been made for the scientific employment of electrical treatment. As is our usual custom in these matters, we have referred this matter to a well-known physician, who reports as follows:—

"The methods employed at 14, Hanover Square may be shortly described as a novel, and, so far as our present knowledge goes, a fairly complete system of Electro-Therapeutics. The main principle of treatment consists of subjecting the body to the influence of powerful actinic rays of light, and in an atmosphere electrically decomposed, and so containing a large amount of nascent Ozone, while the patient, unclothed, lies on a glass slab in a small cabinet, and a current of high potential force is passed into the body. In other words, the patient is exposed to processes whereby tissue activity and elimination are obtained in the highest possible degree. In a very few minutes after the patient is laid upon the slab, profuse perspiration takes place, and the pure Ozone inhaled sets up, not only more rapid oxidation of the blood, but more complete elimination of urea, uric acid, and other effete materials from the system. In my opinion, this treatment should go far to remove the stigma which has hitherto applied to so-called "electrical treatment," and by placing this upon a scientific basis should afford the medical profession an excellent opportunity of ascertaining by direct experiment the precise value of such treatment. I should expect that the best results would be obtained in cases of Gout and Rheumatism, where the eliminating processes would be most useful; in cases of chronic bronchitis, emphysema, and dilated heart, where the flushing of the pulmonary cells, and the more complete oxidation of the blood by the Ozone should immensely assist the restoration of

the normal lung activity. In chronic inflammatory conditions, such as thickened joints, and even plastic effusions around internal organs, I should anticipate that there would be a great future for this system of treatment." We can, therefore, advise any of our readers who may be nursing cases in which electrical treatment is prescribed, to bring this Institution to the notice of the medical practitioner, and it is important to observe that every precaution has been taken to render the working of this Institution free from any taint of quackery, that the plant is under the supervision of an expert electrician, that a fully qualified nurse attends upon female patients, and finally that no patient will be treated except under a medical man's order, and under his direct supervision.

New Preparations, Inventions, etc.

THE HOVIS CYCLE MAPS.

We are glad to call the attention of our readers, and especially those amongst them who bicycle, to the most excellent series of maps of England and Wales issued by that well-known firm, the Hovis Bread Flour Co., Ltd., of Macclesfield. The maps are printed on linen-backed paper. They show clearly all the best cycling roads in red, side roads or paths in double or single lines. All rivers, hills, lakes, parks, railway stations, castles, ruins, and other objects of note are clearly marked, so that the map gives matters of local as well as of general interest. Eight maps cover the whole area of England and Wales. A correspondent informs us that he recently used Nos. 5 and 7 in a cycling tour from London to Berwick, and found them more reliable than the ordinary maps, and most useful. In fact, he has "no hesitation in saying that these are the best maps ever issued at the price of one shilling," for which they can be obtained from the Hovis Company.

ELDER'S ESSENCE OF COFFEE AND CHICORY.

Elder's Essence of Coffee and Chicory is an excellent preparation, which we take pleasure in commending to the attention of our readers as a substitute for coffee made from ground berries. The convenience of such an essence is recognised by all, but there is considerable difficulty in finding an article which is satisfactory in use. Those, however, who once adopt Elder's Essence, will, we believe, providing that the beverage is properly made, find that this difficulty has vanished. A delicious cup of coffee can be made at once by putting a teaspoonful of the essence into a tea-cup, and adding boiling milk and water. The preparation may be obtained through all the leading grocers. It is manufactured by Alex. Elder and Son, Beaverhall Road, Edinburgh.

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