alarm instantly and began to study her condition. "'Why, Elsie,' I said, 'what in the world ails you?'

"She cried then in earnest. 'Oh, doctor,' she said, 'If I could only see myself I'd get better, I know I would. I haven't looked in a glass for a month. The girls try to tell me how I look, but I know they are fooling me. I'm sure I must look a great deal worse than they make out. If I don't why don't the Matron and superintendent let me have a glass?'

"I went right down to the office then and spouted out the piece of advice I had had stored up for so many weeks. After thinking the matter over, they decided to allow Elsie to cultivate the acquaintance of her own features once more, and when she found that she did not really look so deathly ill as she had imagined she began to mend and continued to improve steadily.

"So I give sick people, especially the women, a mirror when they ask for it. There may be times when a person who is very near death's door loses interest in her personal appearance and does not care for a mirror, but the average woman who is able to lift a hand wants to judge for herself how she is looking, and, if she may not have the privilege of finding out, her suspense will be more harmful than positive knowledge.

"There are very few hospitals now that forbid the use of looking-glasses, and it is to be hoped that those few will soon rescind their absurd rules and provide mirrors of their own.

" \overline{I} urge this latter point for the reason that there is a great difference in glasses. Some lend a ghastly hue to the freshest countenance, whereas others throw pink tints on a colourless skin.

"A long look into one of these flattering mirrors now and then would be worth more to a sick person than a dose of medicine, and they ought to be supplied abundantly."

Another Murses' League.

Miss Mollett, the Matron of the Royal South Hants and Southampton Hospital, is desirous of hearing from all nurses who hold its certificate. We understand that Miss Mollett hopes to form a Nurses' League on the lines of those so well inaugurated at St. Bartholomew's Hospital and St. John's House.

This is good news, and if the project is carried into effect the Royal Southampton Hospital will have the honour of being the first County Hospital to have its own Association of Nurses.

Reflections

FROM A BOARD ROOM MIRROR.

Princess Henry of Battenberg has consented to lay the inscription stone in the new building of the North-Eastern Hospital for Children, Hackney Road, on May 8th next.

At a recent General Court of Governors held at Guy's Hospital Sir Joseph Dimsdale was elected to the Corporation. The Mansion House meeting in furtherance of the ap-

Corporation. The Mansion House meeting in furtherance of the appeal of this hospital, at which as Lord Mayor he will preside, has been fixed for January 15th. The Governors earnestly hope that in the meantime at least $\pounds_{100,000}$ will have been subscribed to the renovation and building fund. Conditionally on this amount being reached Mr. J. Pierpont Morgan has promised $\pounds_{5,000}$ to the fund.

The estate of the late Mr. Matthew Whiting, of Aucklands, Wandsworth Common, has been valued at $\pounds 153,804$ 8s. gross, including personalty of the net value of $\pounds 140,870$ 18s. 7d. After disposing of about $\pounds 20,000$ to relatives, Mr. Whiting left the residue of his property in trust in equal shares for St. Thomaa's Hospital, St. George's Hospital, Guy's Hospital, King's College Hospital, the Westminster Hospital, the Middlesex Hospital, the London Hospital, the Royal Free Hospital, St. Mary's Hospital, the Great Northern Hospital, the Brompton Hospital for Consumption and Diseases of the Chest, and the New Hospital for Women, Euston Road.

A students' hall of residence, in connection with the Liverpool School of Tropical Medicine, was on Saturday formally opened by the Bishop of Liverpool (Dr. Chavasse). The object of the promoters of the institution, which is situated in Upper Parliament Street, is to provide a temporary home for Colonials, chiefly West African and West Indian students, who come to study at the School of Tropical Medicine.

Earl Roberts, K.G., opened the grand bazaar held at the Children's Hospital, Nottingham, last week. The ceremony was brilliant, as the whole town and county were present, and lovely ladies of world-wide renown, acted as stall-holders, the stalls being loaded with beautiful and useful articles of every description. Lord Roberts, in his speech, referred feelingly to the fact that in performing the ceremony of opening the bazaar, he was acting in the place and at the request of the late lamented Empress Frederick of Germany, who, through all her sufferings, was mindful of this hospital, and constantly had in her thoughts how its interests could be advanced.

The Hospital Stall was presided over by Miss Spittal, the Lady Superintendent, Miss du Cane, and the nursing staff, and amongst their wares were offered for sale scissors, graduated glasses, and other medical requisites, and the handiwork of those of our readers who kindly sent contributions. The receipts exceeded $\chi_{4,000}$, including the money handed in purses to the Commander-in-Chief.

4C**O**





