

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office 11, Adam Street, Strand, W.C.

Comments and Replies.

Staff Nurse, London.—Normal salt solution is used principally for irrigation and as an injection in cases of shock, in acute diabetic and uremic coma, in cases of severe hæmorrhage, and in puerperal infection, and eclampsia. The specific gravity should be, as nearly as possible that of the normal serum of the blood. If table salt be used, one teaspoon of table salt should be added to one pint of water. It is essential that the solution and all the apparatus used be properly sterilized. The sterilized solution should be placed in a sterile irrigator, or fountain syringe, to which is attached a rubber tube. A hypodermic needle is fastened to the end of the tube, and the part to be punctured having been thoroughly sterilized, the needle is introduced. The part selected is usually under the skin of the chest, the abdomen, the thigh, the arm, or between the shoulder blades. The quantity injected varies from a pint to two quarts. The temperature of the solution should be about 100° F. Sterile salt solution should always be kept in readiness for emergencies in hospitals.

The flasks in which it is placed should be sterilized before being filled, then stopped with sterile cotton plugs, and subsequently sterilized again by boiling on three successive days for an hour at a time.

Miss Ella B. Cheltenham.—Journalism is very arduous work, and those who take it up, should possess a natural, as well as a cultivated gift for writing, a liberal education, experience of the world, acquaintance with men and things, and we had almost said the gift of prophecy, but more accurately perhaps they should keep a finger on the pulse of the world so that they may estimate the progress of events, and form some idea from the present of the trend of events in future. Journalism is an all engrossing profession as the acquisition of copy is an ever present idea, invading hours off duty—if a journalist can ever be said to be off duty—with vampire-like insistence. We should advise you to weigh the pros and cons carefully before you relinquish your nursing, though of course your special knowledge in this direction should be very valuable to you in journalistic work.

Three Years Certificate.—We should advise you to apply to the Admiralty for the new regulations with regard to the Sisters of the Navy Nursing Service.

Mrs. Malcolm, Gloucester.—The nurses in Cape Colony, New Zealand, Egypt, and Cuba already have legal status, and several of the United States are now organising with the purpose of obtaining the State Registration of trained nurses.

Nurse James, Bath.—We often receive inquiries as to the best Materia Medica for nurses, and we invariably recommend the one by Miss L. L. Dock, published by Messrs. G. P. Putnam Sons, 24, Bedford Street, Strand, and have had many thanks for recommending so useful a book. The price is 6s., which may seem a large sum to British nurses, but the book is worth it many times over. We believe also that a cash discount of 3d. in the 1s. is allowed.

"STRENBO" THE PERFECTION OF EXTRACT OF BEEF.

In these progressive days of Scientific Research you cannot afford to have old-fashioned Extracts of Meat foisted upon you.

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STANLEY SMITH, Secretary.

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