

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office 11, Adam Street, Strand, W.C.

Comments and Replies.


Country Matron.—Membership of the Matrons' Council is open to women who are or have been Matrons of Hospitals and to Superintendents of Nursing Institutions who are trained Nurses. The Annual Subscription is 5s. a year. Application forms, as well as information about the Council can be obtained on application to the Hon. Secretary, Miss M. Breay, 7, Marlborough House, High Street, Marylebone, W.

A Young Mother.—An infant should always wear a flannel binder, and it is important that this should be well put on, otherwise not only does it cause discomfort by rucking up into a string round the child's waist, but the infant loses the benefit of the warmth which it affords. There is no necessity to turn an infant about much in dressing it. The flannel binder is first rolled on and then stitched up at the side, the child lying on its side with its face towards the nurse. It is then laid flat on its stomach, and the napkins, which

have previously been folded one three corner wise, and one length wise, are placed in position. The arms are next passed through the shirt, which is then folded to fit the child, the flannel blanket is then laid on the top of it and the shirt neatly hemmed down to it. The back of the child is now dressed and it is turned over and laid upon it. The napkins are now pinned in position. The shirt is folded in front, then the blanket is stitched up at the side and the shirt hemmed down in front. The blanket is then turned up in front, in the case of a boy, or underneath with a girl, and secured by two safety pins. The frock is now put on *over the feet*, and the child is turned over once more when this is fastened at the back. Thus two turns are all that are required throughout the whole of the proceedings.


Assistant Nurse.—A cold pack for reducing the temperature is given as follows:—A long mackintosh is put on the bed, then two sheets are taken, each folded lengthwise into four thicknesses, wrung out of cold water at 60 degs. Fahr. or 65 degs. Fahr., and placed one under and the other over the patient, and tucked in snugly about the neck, arms, and sides. The sheets are removed at the end of fifteen minutes and the procedure repeated. The cold pack is sometimes ordered in delirium, in nervous cases, and to induce sleep. In such cases one sheet only is required. It is wrung out, the patient wrapped in it, and loosely enveloped in blankets for twenty minutes to an hour.

Provincial Nurse.—Leagues of nurses in this country are following much the same lines as the Alumnae Associations in America, membership being open to the graduate nurses of the hospital, and the government being by means of the graduate vote. That this is the best basis of organization is being increasingly demonstrated. We hope the day will come when every training school of standing has its own league, which is ready to enter into relations with other training school leagues in a National Association.



By **BEDFORD FENWICK, M.D.,**


Physician to The Hospital for Women, Soho Square;
late Senior Assistant Physician to the City of London
Hospital for Diseases of the Chest.



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