

late Dr. Farr, who, writing of the conflict with small-pox and other zymotic diseases, said:—"The primary object to aim at is placing a healthy stock of men in conditions of air, water, warmth, food, dwelling, and work most favourable to their development. The vigour of their own life is the best security men have against the invasion of their organisation by low corpuscular forms of life; for such the propagating matters of zymotic diseases may be held to be."

Members of the Birmingham Division of the St. John Ambulance Brigade home from South Africa were last week presented with their war medals by Mrs. Chamberlain, at Highbury House. The Colonial Secretary made a speech, in which he expressed the view that public opinion in this country would never submit to the expenditure which would be involved if we were invariably to be fully prepared for an exceptional emergency such as that which we had just come through, and that it would always be necessary for us in similar circumstances to call upon "the voluntary patriotism of a free people" to make up for the unavoidable deficiencies in the regular service.

Georgiana Countess of Dudley last week opened a fête and sale of work in the grounds of the Dudley Guest Hospital, and presented a children's cot to the institution on behalf of St. Thomas's Band of Hope. The mayor of the borough welcomed Lady Dudley, who expressed her gratification at finding that the children had collected so large a sum as £224 for the cot.

Mr. James Ogden, an ex-member of Rochdale Town Council, last week presented £1,000 to Rochdale Infirmary, with which to endow a bed in memory of his mother. Mr. Ogden has made several splendid gifts to the town in recent years, including nearly £4,000 to buy pictures, and £1,000 towards a new art gallery.

A new cottage hospital, which has been formally opened at St. Andrews, contains a memorial ward to the late Lieut. Tait, the well-known golfer, who fell at Koodoosberg.

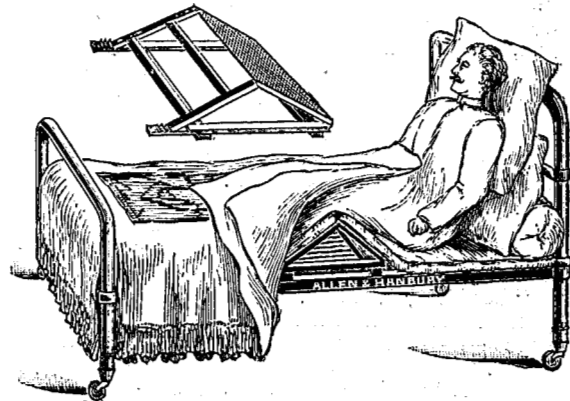
The British Government has despatched a Commission to Uganda to investigate the cause of the disease known as the "sleeping sickness." In anticipation of the arrival of this body, the Baganda chiefs have been making reports at the request of the local administration for presentation to the Commission. "It would be difficult to exaggerate" (writes a resident in the Protectorate) "the rapidity with which this dread scourge is spreading in Uganda, and no one knows how it comes, whether by a mosquito, as in the case of malaria, in the water, food, or what, and no one knows a cure." Dr. Cook says that if he went into the road and examined the first hundred he met thirty of them would be in at least the first stage of the disease. Twenty thousand have perished in South Busoga alone during the last eighteen months.

Small-pox has broken out at the Cape. Six Europeans and two natives in different parts of the peninsula have been attacked.

Preparations, Inventions, &c.

THE "SISTER DORIS" BED-REST.

We commend to the notice of nurses the "Sister Doris" Bed-Rest, which is supplied by Messrs. Allen and Hanburys, Ltd., 48, Wigmore Street, W., price 21s. The principle of the bed-rest or bed support may be grasped by studying the accompanying illustration, the rest, when adjusted, making it impossible for the patient to slip down in bed. It may either be used on the mattress when a temporary support is desired, in which case a folded blanket or a cushion should be placed upon it;



THE "SISTER DORIS" BED-REST.

or, if permanent support is required it should be placed under the mattress, thus converting the bed into a Bombay lounge. The part of the rest which supports the thighs is of wire, and most people are now acquainted with the comfort of a wire-woven mattress. The principle in the case of the Sister Doris Bed-Rest is precisely the same. For helpless cases, and for those which from weakness slip down quickly in bed, this bed-rest should be found very useful.

CROSFIELD'S PURE CANE SUGAR.

In these days when so many sugars made from beetroot are placed on the market, it is a great advantage to know where a really pure cane sugar can be obtained. Nurses who realise the importance of purity in the diet of their patients should ask for Crosfield's pure cane sugar. It may be procured either in cubes, or as castor sugar, or the ordinary brown variety for sweetening purposes. For household purposes this sugar will be found sweet and wholesome, and economical in use. The present time is one when the good housewife preserves plums, damsons, and other fruits for winter consumption—we should advise her to use Crosfield's cane sugar in their preparation.

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